

Saline County 4-H

UofA

DIVISION OF AGRICULTURE
RESEARCH & EXTENSION

University of Arkansas System



Family Guide

SALINE COUNTY COOPERATIVE EXTENSION OFFICE

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Our Staff:

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Nanette Webb – 4-H Program Assistant

Ron Matlock – Agriculture Agent – Staff Chair

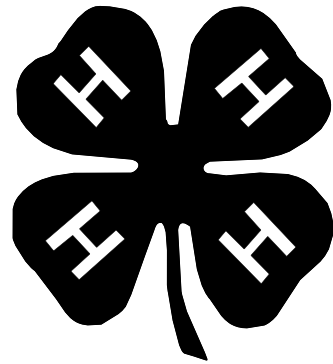
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Saline County 4-H Guide

Prepared by:

Angie Freel

County Extension Agent – 4-H



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All meetings and activities announced in this guide are open to all youth between the ages of 5 and 19 without regard to race, color, national origin, religion, gender, or disability. Persons with disabilities who require alternative means for communication of program information (large print, audiotapes, etc.) should notify the county Extension office as soon as possible prior to the activity.

4-H EMBLEMS AND SYMBOLS

EMBLEM: The national 4-H emblem is a four-leaf clover with the letter “H” on each leaf.

THE FOUR H’S: The four H’s stand for **Head, Heart, Hand** and **Health**. These four H’s represent the four-fold training and development in which members participate. This meaning is given in the pledge below.

PLEDGE:

All 4-H members should learn the 4-H pledge.

I pledge:
My HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service and
My HEALTH to better living,
for my club, my community, my country, my world.



MOTTO:

“To Make The Best Better”

SLOGAN:

“Learn By Doing”

COLORS:

Green and white are the 4-H colors. The white background of the flag symbolizes purity; the green 4-H emblem is nature’s most common color in the great outdoors and is the color of springtime, life and youth.

WHAT IS 4-H?

4-H is the official youth organization of the Cooperative Extension Service, a division of the University of Arkansas. It is an informal education program for boys and girls. 4-H is conducted locally by volunteer leaders in cooperation with county Extension personnel.

4-H is young people sharing, doing and learning together in all kinds of projects, events and activities with guidance from their families, volunteer leaders and Extension personnel. Members choose projects that fit them and the places where they live, both urban and rural. Group activities such as meetings, workshops, tours, camps and competitive activities provide additional learning experiences.

Volunteers serve as 4-H leaders to plan and carry out organized learning experiences with youth. Many of the learning experiences are at the local club level. The many county, regional and state activities supplement and support those activities carried out at the local level.

During club meetings, members conduct business, share ideas, learn new skills, participate in decision making and enjoy recreational activities.

4-H PROJECTS

A 4-H project is what a 4-H'er learns, makes or does; example: learn to grow a garden, make a dress or train a dog.

4-H members should take at least one project each year and complete records for that project. Younger 4-H'ers should limit themselves to one or two projects per year. Older 4-H'ers may want to take three or four.

The family of a 4-H'er should take an active interest in his/her project. They should assist, encourage, offer advice; but remember: **the 4-H'er learns by doing.**

4-H AWARDS AND REWARDS

4-H offers a variety of awards and rewards such as trophies, ribbons, certificates, pins, trips and cash scholarships.

In addition to these material awards are the personal rewards of accomplishment and self-satisfaction of the child by knowing that they have done their best.

A special 4-H Recognition Banquet is held annually, honoring our 4-H members and volunteer leaders. It recognizes 4-H'ers who excel in their projects and activities. Leaders are also recognized for their contributions to 4-H.

WHY AND WHEN DID 4-H ORIGINATE

4-H work, as we know it, began around 1900 as a means of reaching parents with improved farm and home practices. American farmers had experienced poor economic times for 30 years. It was risky business for them to try a new recommended farm practice. In 1902, a few schoolteachers developed some crop demonstrations with their students who, in turn, shared their successes with their parents.

These school projects developed into small groups covering a single topic such as beef, corn, gardening and canning. By 1903, they were called 3-H clubs and in 1911 the name 4-H was finally adopted.

The first 4-H-type club in Arkansas is reported to have been in White County in 1908. It was a corn club with 40 members. Corn clubs, cotton clubs, pig clubs and canning clubs were all in operation in Arkansas by 1914.

Have the 4-H objectives changed since the early days? Yes! Today, members are no longer limited to agriculture projects. 4-H offers the urban as well as the rural young person the opportunity to learn, to develop leadership abilities and become informed and effective citizens.

4-H JOURNALS

The Arkansas 4-H Journal is one place to show others what you have accomplished in your 4-H career. Completing the journal is much like completing a portfolio. Through your journal, you show your accomplishments and how you have developed responsibility by keeping records. Throughout your 4-H career, you will find your journal useful in evaluating past achievements and in making improvements in future plans.

The Arkansas 4-H Journal was formerly known as the 4-H Record Book. It is now referred to as the Arkansas 4-H Journal. There are still four levels of journal guidelines: Cloverbud (5-8), Beginner (9-12), Intermediate (13-15), and Advanced (16-19). All four levels have specific guidelines. Report form covers are available free at our office.

Everyone who turns in a journal and attends at least three county, club or other 4-H activities receives \$50 toward activity fees from the Saline County 4-H Foundation. Senior books are submitted for state judging and may qualify for state and national awards, which include trips and scholarships. **To be eligible for the \$50, the member must have attended three 4-H activities during the past calendar year.**

WHO'S WHO IN SALINE COUNTY 4-H

4-H Member

Any youth between the ages of 9 and 19, who participates in a 4-H community club, a 4-H school or special interest program, or a 4-H project group or club.

Junior and Senior 4-H Members

4-H members are divided into two divisions for most competitive activities. Junior members must have reached their 9th birthday and have not passed their 14th birthday as of January 1 of the current year. Senior members must be 14 on or before January 1 of the current year and must not have passed their 19th birthday by January 1.

4-H Cloverbuds

Any youth age 5, 6, 7 or 8 who participates in any of the above clubs or groups. Cloverbud members are not eligible to compete in district competitive activities; however, they may participate in educational activities. All county activities have a Cloverbud division.

Main or Organizational Leader

A volunteer who is responsible for the organizational part of a 4-H club.

Project Leader

A volunteer who helps 4-H members as they learn, make or do something. This person can be a 4-H parent who agrees to help with a project. It may also be a teen leader or a person from the community who has knowledge in a particular subject matter or project area.

Teen Leader

A 4-H member who is 12 years of age or older is eligible to be a teen leader. They take an active part in helping the younger members in the club. By doing this, they grow, mature and develop leadership skills.

4-H Program Assistant – Nanette Webb

Paraprofessionals who work with 4-H. Their main responsibility is organizing clubs and maintaining 4-H memberships in the clubs they work with. They are available to work with volunteer leaders and 4-H'ers in developing program plans and setting project goals.

4-H Agent – Angie Freel

Professional who guides, teaches and administers the 4-H program. Is a faculty member of the University of Arkansas.

4-H PARENT RESPONSIBILITIES

Parent interest and encouragement are major influences on young 4-H'ers. If parents are involved right from the beginning, chances are greater for a successful 4-H experience.

- **Assist** child in selecting a 4-H project they will enjoy.
- **Read** the project book your child receives. You'll find ways you can help your child with the project.
- **Attend** 4-H club meetings and activities with your child. This will help you understand the type of assistance your child needs.
- **Read** the 4-H mail that comes to your home. This will help keep you up-to-date and you will be able to remind your child of upcoming events and due dates.
- **Offer** to assist the 4-H club leaders with specific tasks.
- **Volunteer** to be in charge of refreshments occasionally at club meetings.
- **Share** a hobby, skill or interest of yours with 4-H club members during a meeting workshop.

*Assist your child in keeping records on his/her 4-H work. 4-H members keep a written record of what they do in 4-H, which is turned in to the county Extension office in January. This includes 4-H project work, demonstrations, awards received, leadership positions held and community service involvement.

4-H MEMBER RESPONSIBILITIES

- Complete an “Application for 4-H Membership” form and give it to the 4-H leader.
- Order 4-H project books and do the activities in the book. (Members are not limited to activities in the book and may want to do other activities relating to the project.)
- Attend and participate in 4-H club activities, community service and fundraising.
- **Read 4-H mail that comes to your home and share it with your parents.**
- Keep a current and up-to-date 4-H calendar of meetings and activities. Ask parents to remind you of upcoming events and due dates.
- Serve as a club officer or on a committee when asked.
- Prepare a written record of your 4-H project work (record book journal) and turn it in to the county office.
- Keep parents informed about 4-H meeting, projects and activities.
- Do at least one method demonstration or illustrated talk on your 4-H project.
- Conduct yourself at all times in a manner that would be a credit to you, your family, your 4-H club and the county.
- Talk about 4-H to friends and invite them to become 4-H members.

4-H ACTIVITIES AND EVENTS

COUNTY AND STATE ACTIVITIES/ EVENTS:

Fashion Revue and Fine Arts

Performing Arts – instrumental, vocal and dance (arts, popular and modern jazz) competition. Constructed and purchased fashion review. Contest information is found in the Arkansas Events Packet. Winners are eligible to go on to regional competition.

Big “B” Day

A fun skills competition in bicycle, bait casting and BB shooting. Cloverbuds (members ages 5-8) all get a ribbon for participating.

Project Workshops

Educational workshops relating to various projects are conducted. Workshops may feature a variety of projects or may feature in depth training on one topic.

Saline County Shooting Sports

In addition to teaching concepts related to shooting safety and firearm responsibility, the curriculum offers opportunities for youth to develop important life skills such as citizenship, leadership, sportsmanship, ethics, critical thinking and an appreciation for natural resources. Teach the fundamentals of using the pellet rifle and pistol, .22 rifle, shotgun, muzzleloader and archery equipment. County and state competitions are scheduled to test and improve those skills.

Saline County Teen Leaders’ Club

Members of this county-wide club must be 12-19. Many of the members are actively involved with various community 4-H clubs in the county. However, it is not required for a student to belong to a local community 4-H club to be a member of the county Teen Leaders’ Club.

Members plan and participate with many community service projects, as well as assist and facilitate at county and promotional events. This club helps to foster relationships between 4-H teen members within the county as well as assist in developing and developing the leadership skills of each 4-H teen.

County O-Rama

4-H’ers can choose from method demonstration, illustrated talk, and public speaking in various project areas, as well as fine arts and fashion. Winners are eligible to go on to regional competition.

Regional O-Rama

Competitive activities for 4-H’ers who have qualified through numerous county competitive activities. Senior members then qualify to compete at state 4-H O-Rama.

District Horse Show

4-H'ers owning horses and in the horse project are eligible to compete in a district horse show.

Arkansas 4-H Horse Show

State competition for 4-H'ers who have entered district 4-H shows. Winners may qualify for the Southern Regional 4-H Horse Show.

Ross 4-H Photography Contest

4-H'ers enter color or black and white photographs they have taken. The photos must be taken in Arkansas in the past year. Cash awards for winning county photos. Winners are eligible to go to state competition.

Arkansas 4-H O-Rama

Held on the University of Arkansas at Fayetteville campus, 4-H O-Rama is a multi-day event involving 40+ competitive activities for Senior members. 4-H'ers qualify to attend through regional O-Rama. Educational workshops, tours, state-only competitive activities and recognition programs are conducted throughout this event.

Arkansas State Fair

Special 4-H activities are conducted on 4-H Day (one day during the state fair). 4-H'ers in animal projects may enter the junior livestock shows. The student must be a member of a local 4-H club in order to participate with the junior livestock shows. 4-H'ers may enter the arts and crafts competition that is open to the public (there is no separate competition for 4-H).

State Camp

Held at the C.A. Vines Arkansas 4-H Center. This is a two- or three-day camp opportunity where 4-H'ers 9-12 participate in workshops, recreation and other learning activities.

State Camp – Adventure Track

Held at the C.A. Vines 4-H Center. This is a two- or three-day camp opportunity where 4-H'ers 13-15 participate in workshops, ropes course, rock climbing wall, recreation and other learning activities.

Entrepreneur Camp and Advanced Entrepreneur Camp

This is a three-day educational citizenship camp for 12-13-year-olds. 4-H members have an opportunity to explore their rights and responsibilities as citizens. This camp is held at the C.A. Vines Arkansas 4-H Center.

Adventure and Challenge Camp

4-H'ers have the opportunity to enjoy four action-packed days of fun, adventure, education and leadership for 13- to 19-year-old 4-H'ers. This camp is held at the C.A. Vines Arkansas 4-H Center.

Teen Leader Conference

A conference for Senior 4-H'ers devoted to leadership training. 4-H'ers discuss current societal issues and plan specific statewide initiatives for teen clubs within their county. This conference is held at the C.A. Vines Arkansas 4-H Center.

High Adventure Camp

Involves hiking and backpacking on a 10-day trek in New Mexico's Pecos Wilderness. Several training sessions and pre-trip preparations are required.

Forestry and Wildlife Camp

Eleven- to 13-year-old 4-H members participate in a camp at the Arkansas 4-H Center loaded with hands-on activities that apply to 4-H project work in forestry, fisheries, wildlife, etc.

State 4-H Tech Team

4-H'ers attend five two-day workshops throughout the year at the C.A. Vines Arkansas 4-H Center. A 4-H'er must complete an application and submit it at the time stated in the Arkansas 4-H Events Packet. The team is designed to excite young people about learning more about technology and networking with other 4-Hers from around the state.

NATIONAL 4-H ACTIVITIES AND EVENTS:

Citizenship . . . Washington Focus

CWF is a 10-day educational citizenship activity involving a bus trip to Washington, D.C., and a stay at the National 4-H Center. It is designed for 4-H'ers 15 and older.

National 4-H Conference

Held in Washington, D.C., five Arkansas delegates 16-19 years old are selected to participate in this conference.

Kansas City Global 4-H Conference

A career-oriented conference involving 4-H'ers from five states. This conference is four days in Kansas City, Mo., and is for Senior 4-H members.

National 4-H Congress

Held annually in Atlanta, this conference can only be attended by those 4-H'ers who are state project/record book winners or be one of five selected to participate. All expenses are paid. 4-H'ers may only experience this, the ultimate of all 4-H experiences, once in their 4-H career.

Saline County 4-H Dress Code

The dress, grooming and manners reflect the general climate of any organization; therefore, Saline County 4-H'ers are expected to wear appropriate clothing and to present a neat appearance when representing 4-H. Moderation in type and style of clothing should be the basic standard. The following clothing items are **not** permitted in casual and business casual attire:

- Pants, shorts, skirts and dresses that are not longer than the fingertips of hands held at sides (arms length).
- Clothing with slits and/or cutout areas that are above the fingertips of hands held at sides.
- Any backless dress, top or cutoff shirts that expose any part of the midriff or back.
- Clothing with revealing necklines.
- Mesh-type or see-through shirts.
- Visible undergarments.
- Clothing with inappropriate or unsuitable graphics or slogans (vulgarity or obscenity and/or drug, tobacco or alcohol advertisements).
- Any clothing item that an Extension faculty member deems inappropriate.

Appropriate clothing for events that specify casual attire includes fingertip-length shorts, jeans or pants, and T-shirts or sweatshirts. Business casual attire includes shirts with slacks or pants, including khakis and dress denims. Semi-formal and formal attire includes coat and tie and slacks for males and dressy dress or pantsuit or party dress for females. Semi-formal and formal attire should be age-appropriate for the youth and should be moderate in type and style. Extension staff and adult volunteers are responsible for enforcing this policy at all 4-H events.

Adopted November 2010

4-H Clubs in Saline County

Davis Elementary 4-H – First Mondays at Davis Library – 3:30 – Barbie McDaniel – leader – bmcdaniel@bryantschools.org. During school only.

Saddles and Spirit 4-H Horse Club – meet second Thursday at 6:30 p.m. at East End Elementary. Melinda Steele – 501-580-8356

Haskell – Meets second Monday at 6:30 – Harmony Grove Cafeteria – Sandy White, leader – sandywhite@birchtree.org.

Helping Hands – Meet second and fourth Fridays at 2:00 – Extension office – Penny Hammond – leader, 501-519-1624.

Livestock Club – Meet second Tuesday at 6:30 p.m. – fairgrounds – Mollie Wright – wright36@hotmail.com.

PALS (Parents and Leaders) – Meet fourth Tuesday at 6:30 p.m. at the Extension office conference room.

Paron Lion's Pride Club – Meet second and fourth Wednesdays at 6:00 at Paron Community Center. Call Candy Webb – 909-2695, Lilysmom0606@yahoo.com.

Magic Clovers – meets third Tuesday at 6:30 – Gary Webb leader – Call (Nanette Webb at 303-5672), nwebb@uaex.edu.

Salem Superstars 4-H Club – Meets first Thursday at 6:30 – Salem United Methodist Church. Becky McPeake (794-4898), main leader, rmcpeake@uaex.edu.

Shining Stars 4-H Club – Meets second and fourth Mondays at 6:30 – Johnson Street Church of Christ – Virginia and James McClure, leaders (317-1741), va54mcclure@yahoo.com.

Shooting Sports Club – Practice starts in January at county fairgrounds, with competitions in the spring and summer, rmatlock@uaex.edu.

Teen Leader Club – Meet fourth Tuesday at 6:30 p.m. at the Extension office – all members ages 12-19 can attend, afreel@uaex.edu.

Wiggles and Wags 4-H Dog Club – Meet second Monday at 6:30 p.m. – fairgrounds – Barbara Laule, main leader – blaule@aol.com.