

June 2008



Notes from Ms. Erica

Congratulations to all 4-H members who participated in any 4-H competitive activity so far this year!

Did you know public speaking is the number one phobia in the United States? According to the *National Institute of Mental Health* more than 15 million adults in America have a social phobia--fear of speaking and presenting in front of others. In short, a social phobia is the fear of being judged by others. This fear typically begins around the age of 13.

I congratulate all members for having the courage to stand before a group and make a presentation. Whether you played the piano during Fashion and Fine Arts Night or presented an illustrated talk during County O-Rama, I commend you.

Thanks to all adult volunteers and parents for encouraging members to participate and for preparing members for our 4-H competitions. I look forward to seeing you all at our next scheduled 4-H event!

A handwritten signature in cursive that reads "Erica Harris".

Erica Harris—
County Extension Agent
4-H Youth Development
eharris@uaex.edu

Arkansas Summer Fun

School is ending for many students across Pulaski County. This means the summer season is quickly approaching. The first day of summer in the United States is Friday, June 20th. Many families have different plans to travel across the country to visit family, friends, or perhaps exciting tourist sites.

If your family wants to take a vacation and has not made any plans yet, why not visit some of the historical and exciting places that Arkansas offers? Cut down on the cost of traveling to other states by discovering fun and entertainment in your own back yard—Arkansas!

In Little Rock, enjoy memorabilia and exhibits at the *Clinton Presidential Library*. Then, walk across the street and enjoy a free tour of the environmentally-friendly 'green' *Heifer International Headquarters*. Why not include some scientific experiments at the *Museum of Discovery*? Or how about hearing and seeing the story of the Little Rock Nine at the *Little Rock Central High School Visitor Center*? Cool down from the hot Arkansas summer days by the pool at the water theme park, *Wild River Country*.

Do not limit yourself to Little Rock for there is excitement in Hot Springs at *Magic Springs* amusement theme park; witness the beautiful view from the highest point in Arkansas, at *Mount Magazine State Park* in Paris; and do not forget the *Mystic and Crystal Caverns* of Harrison. Enjoy your summer and get out and enjoy the wonderful sites, people and fun that the state of Arkansas has to offer!

In This Issue:

- Regional 4-H O-Rama
- Fashion and Fine Arts Night results
- County 4-H O-Rama results
- Entre-What? Day Camp
- Teen Star and Hall of Fame Banquet
- County Arkansas 4-H Centennial

Pulaski County
Cooperative Extension Service

2901 W. Roosevelt Rd.
Little Rock AR 72204
501 340-6650





Adult volunteer leader, Shareese Kondo and 4-H member, Kennedy B. after completing the 4-H 5K Run/Walk.

Teen Star Banquet Servers Needed

Each year the State 4-H Officers and Ambassadors request that 4-H'ers between the ages of 12 and 14 volunteer to assist with the annual Teen Star/Hall of Fame Banquet. We are in need of 25 4-H'ers that could help as servers on Wednesday, June 11, 2008. The volunteers would need to be at the 4-H Center by 4:00 pm and would finish by 9:00 pm. The meal for the servers is provided. Please call 340-6650 or email eharris@uaex.edu by June 9th if you are interested in being a banquet server.

4-H Entre-What? Day Camp

Ever wondered what it takes to start your own business? If you have, then come out and join us as we learn more about business basics for youth!

The Pulaski County 4-H Entre-What? Day Camp will be June 25th and June 26th. Camp will begin promptly at 9:30 a.m. each day and end at 2:00 p.m. This camp is open to all youth ages 10 – 13.

Participants will learn what it means to be an entrepreneur, financial and legal obligations of business owners, and gain more knowledge on Arkansas-based businesses. In addition, participants will write business plans and have the opportunity to sell their goods and services during a mock small business fair.

Please RSVP by June 16th by calling 340-6650.

Regional 4-H O-Rama

The Southeast Regional O-Rama is scheduled for Friday, June 20, 2008. This event will be held on the campus of the University of Arkansas at Pine Bluff. 4-H'ers who qualified at the county level will compete against other 4-H members from surrounding counties.

For those who would like to car pool we will meet at the Pulaski County Extension office and leave for Pine Bluff at 8:15 a.m. Please notify the Pulaski County 4-H Department by June 16th at 340-6650 if you need transportation to regional 4-H O-Rama or if you are a parent or adult volunteer who is willing to transport 4-H members.

The opening assembly will begin promptly at 10:00 a.m. in the Hathaway Fine Arts Building on the UAPB campus. All Beginner & Intermediate District Journal winners will be awarded trophies in the morning assembly. Regional 4-H O-Rama will adjourn at 2 p.m. 4-H members not competing, as well as all parents and volunteer leaders, are encouraged to attend.

Members are encouraged to schedule practice sessions before the week of June 16th. Please call 340-6650 for more information or if there are any questions regarding Regional 4-H O-Rama.

Teen Star and Hall of Fame Banquet

The Teen Star and Hall of Fame banquet will be held on June 11, 2008 at the C.A. Vines Arkansas 4-H Center. The banquet begins at 6:30 p.m. This banquet is formal and females should wear a dressy dress, pantsuit, or party dress. Males should wear a dress shirt and slacks with a coat and tie preferred. Tickets are \$10.00 each. Please submit all money for banquet tickets to the Pulaski County Extension office by June 10th. The Teen Star and Hall of Fame awards ceremony will be held in the Reynolds Auditorium at the C.A. Vines Arkansas 4-H Center immediately after the banquet and is absolutely FREE for anyone who would like to attend.



Sarah K. and Nikko P. (Geyer Springs 4-H Club members) critique Cloverbuds during county 4-H O-Rama.



Leah K. (Geyer Springs 4-H Club cloverbud) performs during Fashion and Fine Arts Night.

County 4-H Centennial Celebration

On Saturday, September 13, 2008 Pulaski County 4-H will end the Arkansas 4-H Centennial Celebration with a fun-filled family event for all!

The finale event will be held at the C.A. Vines Arkansas 4-H Center in Ferndale. Those in attendance will have the opportunity to climb the rock wall, canoe, fish, enjoy great food and many other games and activities.

Centennial Celebration Contest

Calling all 4-H members! We need your assistance in naming our county centennial celebration scheduled for September 13, 2008. The county centennial celebration planning committee will make the final decision. The member with the winning name will receive 4-H memorabilia and other prizes!

Please submit all ideas to the Pulaski County Extension office by June 13th.

Deadlines & Activity Dates:

Regional 4-H O-Rama	June 20
Entre-What? Day Camp	June 25 & 26
4-H Photography Contest Deadline	July 7
4-H State Camp	July 7-9
State 4-H O-Rama	July 22-25
High School Financial Planning Program	August 6 & 7

“Good, better, best.
Never rest Until good
be better And better
best.”
- Mother Goose

“Tell me and I forget;
show me and I
remember; involve me
and I understand.”
- Anonymous

“Each time someone
stands up for an ideal,
or acts to improve the
lot of others, or strikes
out against injustice, he
sends forth a tiny ripple
of hope.”
-Robert F. Kennedy

Fashion and Fine Arts Night Results

Congratulations to the following members who did an excellent job during Fashion and Fine Arts Night held on Friday, April 11. All first place participants will represent Pulaski County during Regional 4-H O-Rama June 20th on the University of Arkansas, Pine Bluff campus.

Juniors – Instrumental
Phoebe C. (3rd place)
David H.
Michael P.
Bethany F.
Aristo B.
Matt H. (2nd place)
Amanda T. (1st place)
Steven H.

Seniors – Instrumental
Aaron F.
Danny W.
Karis B. (2nd place)
Sarah T. (1st place)
Jonathon D. (3rd place)

Senior – Vocal
Sarah K. (1st place)
Brittney D. (1st place)

Cloverbuds
Delaney R.
Elijah B.
Jenni-Grace G.
Collin T.
Sarah M.
Emily M.

Juniors - Fashion Revue
Kaleigh M. (1st place)
Arielle N. (1st place)

Seniors – Fashion Revue
Courtney M. (2nd place)
Kashmere P. (1st place)
Nikko P. (1st place)

Senior – Dance
Kennedy B. (1st place)

County O-Rama Results

Congratulations to the following members who participated in county 4-H O-Rama held on Saturday, May 17th. All first place participants will represent Pulaski County during

Regional 4-H O-Rama June 20th on the University of Arkansas, Pine Bluff campus.

Seniors:

Lisa D. – Consumer Education (1st place)
Sarah K. – Health (1st place)
Deandre L. – Public Speaking (1st place)
Kashmere P. - Public Speaking (2nd place)
Nikko P. - Public Speaking (3rd place)

Juniors:

Brandon B. – Safety (1st place)
Jakaree C. – Pet Care (1st place)
Melanie E. – Consumer Education (1st place)
Stevie E., Jr. - Health (1st place)
Romarius F. – Health (2nd place)
Anticia P. – Human Development (2nd place)
Jazmine P. – Health (3rd place)
Selina P. – Citizenship (1st place)
Christopher R. – Environmental Stewardship (1st place)
Chanell R. – Safety (2nd place)
Cassandra S. – Human Development (1st place)
Haley S. – Human Development (3rd place)

Cloverbuds:

Brittney E.
Leah K.
Kadejha V.



DeAndre L. (Representatives 4-H Club member) participates in public speaking competition during 2008 County 4 H O-Rama.

Wildlife Habitat Evaluation Program Spring Contest Results

Geyer Springs 4-H Club senior members Kennedy B., Britney D., and Sarah K. won 3rd place in the state Wildlife Habitat Evaluation Program contest on Friday, April 25. Sarah K. was the 1st place individual in the senior division. Junior members Arielle N. and Christopher R., and Cloverbud Leah K. also competed in the contest at Garvan Woodland Gardens. Arielle and Christopher learned how to match the rider with the correct size ATV and about safety equipment in the ATV Safety program. Thanks to our drivers and chaperones Kathy K. and Kathy R.

Wildlife team members met weekly in March and April to prepare for the contest. They learned to identify wildlife from fur, feather, sound, tracks and scat. At practice sessions, team members searched for food samples and identified which animals eat those foods. They studied aerial photos and determined the best habitat for different wildlife species. The seniors gave oral explanations of their choices at the contest. Team members learned wildlife management techniques. They put all this information together learning to draw and write wildlife management plans in urban and rural settings.

The team will meet monthly this year to keep our skills fresh, learn more, and to develop wildlife management plans. We will also make observations and work on the rabbit habitat we developed last year at Benny Craig Park. If you are interested in learning more about wildlife in a hands on, friendly, competitive environment, call team coach Kathy K. at 568-5529 for more information.

We are looking for new places to practice our skills. If you are interested in ideas for managing wildlife on your property, please give us a call. We would like to develop written plans for backyards, parks, building grounds and rural acreages as practice for the next contest.

4-H 5K Run/Walk

The 4th Annual 4-H 5K Trail Run/Walk was held Saturday April 19, 2008, at the C.A. Vines Arkansas 4-H Center. The following members and volunteer leaders participated and crossed the finish line at this year's run/walk:

Kennedy B.
Chris K.
Leah K.
Kathy K.
Sarah K.
Shareese K.

Several participants won medals during the closing ceremony. Congratulations to these members and all who participated in the annual 4-H 5K Trail Run/Walk!

Kennedy B.
(2nd place – 13 – 15 year old females)
Chris K.
(2nd place – 40 – 49 year old males)
Shareese K.
(3rd place overall)

4-H Photography Contest

"Color My World" is the theme for this year's 4-H Photography contest. As the name implies, images submitted to the contest should emphasize color.

4-Hers are encouraged to read their camera's manual in order to become familiar with often overlooked features that can improve general picture taking and also be an advantage in this event. Be creative, unconventional and experimental. Take hundreds of shots in order to capture the one, definitive image that

will garner a top prize.

Monday, July 7 is the county entry deadline. All images must be received in our office by the end of the work day.

Shooting Sports Club

On May 3rd members of the Pulaski County Shooting Sports Club participated in the Game and Fish Youth Shooting Sports Program trap shooting competition. Participants competed in the East Regional qualification rounds at the Remington Shooting Club range in Lonoke, Arkansas.

Congratulations to the following members!

Luke L.
Trey R.
Paul K.
Tanner W.
Phoebe C.
Aristo B.
Jordan M.

If you are a current 4-H member ages 10 – 18 or a 4-H parent and are interested in learning more about the activities and leadership opportunities with the Pulaski County Shooting Sports 4-H Club, please contact Allan Beuerman at 340-6650 or at abeuerman@uaex.edu.



WHEP participants Arielle N., Sarah K., Christopher R., Leah K., Kennedy B. and Brittany D. (Geyer Springs 4 H Club members).

4-H Day With The Arkansas Razorbacks

Arkansas 4-H has been offered the opportunity to hold 4-H Day with the Arkansas Razorbacks again this year. It will be on Saturday, August 30th against Western Illinois. This is the first game of the season and also is Labor Day Weekend. The game time has not been set yet, but will probably be either 5:00 or 6:00 pm.

We will have the tailgate party again in the same location (patio and yard of the Agriculture, Food and Life Science Building). The start time will be set once the game time is determined. Those coming to the game will also receive a t-shirt again this year (look for the new design to come soon).

We will be in Section 111 again this year. Tickets are \$45 each and we have been allotted a smaller number this year, so we expect them to go fast—reserve yours now by contacting Sarah Harrison at sharrison@uaex.edu!

Aluminum Pop Tab Contest

The Pulaski County 4-H Teen Leaders Club needs your help! The Pulaski County 4-H Teen Leaders are recycling all aluminum tabs from canned goods. The club is challenging all Pulaski County 4-H members to collect aluminum tabs. **The member that collects the most aluminum tabs will receive a \$25 gift certificate to the Rave movie theater.** All tabs collected by Pulaski County will be transported to the 2008 State 4-H O-Rama where they will be weighed and recorded for Pulaski County. All tabs received at State O-Rama will be recycled and exchanged for money that will be donated to the Arkansas Children's Hospital.

Please submit your tabs to the Pulaski County Extension Service office by **Friday, July 18th**.

High School Financial Planning Program

During the spring 2008 semester, the *Arkansas Jump\$tart Coalition* conducted a survey on financial literacy skills among Arkansas high school seniors. The Arkansas Jump\$tart Coalition's biennial financial literacy survey revealed that Arkansas high school seniors correctly answered 47 percent of the questions—only slightly less than the national mean of 48.3 percent.

This survey emphasizes the need for financial education for Arkansas' youth. The Pulaski County 4-H office will present the National Endowment for Financial Education: High School Financial Planning Program on August 6th and August 7th.

The program is open to all youth ages 14 – 19. Participating youth will learn more about creating a spending plan, investing and saving options, identity theft and wise use of credit.

iRobot Create Challenge

The state 4-H office announces the 2008 iRobot Create Challenge. The iRobot Create Challenge is a robot building contest that will challenge your ability, your creativity and your mastery of technology.

Use the iRobot Create Programmable Robot platform to develop your own unprecedented and innovative robot that's functional, helpful, entertaining, whimsical or simply amazing. All entries to the iRobot Create Challenge must be submitted by September 1, 2008. Winners of the iRobot Create Challenge will be announced at the 2008 Arkansas State Fair.

Those Pulaski County 4-H members interested in the iRobot Create Challenge will form the county Technology 4-H Club. The goals and objectives of a Technology Club are to introduce 4-H members to various careers in technology learn new

skills in technology, network with other 4-H members who are interested in technology and to complete a community service project that is technology related.

Members meet to discuss future plans for the team, including community service projects and educational workshops. If you are interested in the iRobot Create Challenge, please contact the Pulaski County 4-H office at 340-6650.

Beekeeping Essay Contest Winner

Congratulations Aaron Farley! Aaron was selected as the 1st place state winner of the 2008 Beekeeping Essay Contest.

This annual 4-H Essay Contest is sponsored by the American Beekeeping Federation and the Foundation for the Preservation of Honey Bees. Topics are announced each year with a stated objective and details to be included. The entries are judged at the state level and the state winner is forwarded to the American Beekeeping Federation (ABF) who decides the winning national entry.

Best Wishes to all
Pulaski County 4-H
members who
graduated from high
school. We are proud
of you and wish you all
the absolute best in
life!!!

CONGRATULATIONS

Karis B.
Brianna E.
Aaron F.
Courtney M.
Nikko P.

