

April 2008

CLOVER CONNECTIONS

Pulaski County 4-H

Notes from Ms. Erica

It is an exciting time to be a 4-H member! This year marks the 100th Anniversary of 4-H in Arkansas.

Throughout the year, there will be a variety of county, regional, and state activities occurring to commemorate the centennial celebration. We hope that you will join in on the fun and invite others as well.

More than 6.5 million youth participate in 4-H in America, U.S. territories, and military bases around the world. In Arkansas, 146,000 youth participate in our state 4-H Program.

2008 County O'Rama

County O'Rama is open to all 4-H members and provides an opportunity for 4-H members to exhibit the skills which they have developed through their project work by participating in method demonstration and illustrated talk competitions. **This year, County O'Rama will also include the following competitive outdoor activities: bait casting, bb shooting, and seed identification.**

Method demonstrations actually show and tell someone how to do something and tell why it is done. Illustrated talks tell how a process is done with the use of visual aids to clarify important points. Both are oral and visual presentations of how and why something can and should be done.

Some consider 4-H to be the best kept secret. Let's not keep it a secret any longer. Let's encourage our friends, classmates, neighbors, and family to join the largest out-of-school organization in the world!

I encourage each of you to continue *To Make the Best Better* by bringing a new person to your next club meeting or to any of our scheduled county events. We look forward to seeing you and future members at all of our scheduled 4-H events and activities!



Erica Harris—
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4-H members have the opportunity to present using a Microsoft Power Point presentation or posters. 4-H members may choose to compete in a variety of project areas within the Arkansas 4-H State Initiatives. The project areas include:

Agribusiness Public Speaking
Citizenship
Animal Science
Horse
Veterinary Science
Health
Safety
Public Speaking
Entomology
Pet Care
Environmental Stewardship
Consumer Economics
Human Development (continued on page 2)

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Pulaski County
Cooperative Extension Service

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Haley S., Pioneer Kids 4 H Club member, and 2007 County O'Rama participant.

County O'Rama has been scheduled for Saturday, May 17th at the Martin Street Recreation Center located at 201 Martin Street, Jacksonville, AR. Competition will begin promptly at 9 a.m. **All 4-H'ers who plan to participate must pre-register by the close of business on Thursday, May 1st.** Please call 340-6650 or email eharris@uaex.edu to pre-register.

Volunteer Leaders may contact the county 4-H office for assistance with educational programs regarding 4-H illustrated talks and demonstrations. We hope that there will be an increase in participation in our illustrated talks and demonstrations from our 4-H clubs and members.

Winners from County O'Rama will have the opportunity to advance to the 4-H Regional O'Rama held on the University of Arkansas – Pine Bluff campus on Friday, June 20th, 2008.



Sarah K., Geyer Springs 4-H Club member, shares her WHEP Project during Outdoor Adventure Day 2007.

4-H 5K Trail Run - Walk

Mark your calendar for the 4th Annual 4-H 5K Trail Run/Walk. This event will be held at 9 a.m. on **Saturday April 19th, 2008** at the C.A. Vines Arkansas 4-H Center.

The entry form is online at www.arkansasrunner.com

The fee for youth is \$5 and the fee for adults is \$15. There will be a fee increase the day of the race (\$10 for youth and \$20 for adults). Early registration is strongly encouraged.



Aaron F., Teen Leaders 4-H Club member, and 2007 bait casting activity participant.

State 4-H Summer Camps

Summer break is quickly approaching! The state 4-H camp department promises that this summer's state 4-H camps will be memorable and most importantly FUN! In celebration of the Arkansas 4-H Centennial, this year's camp theme is *Camp Time Travel: Activities from the Past and Future*. **Pulaski County 4-H is tentatively scheduled to attend summer camp Monday, July 7th – July 9th.**

There are two camp tracks Junior Camp (9 – 12 year olds) and Adventure and Challenge (13-15 year olds). The fee for Junior Camp is \$115 (half price for members who submitted a journal in January). The fee for Adventure and Challenge is \$125 (half price for members who submitted a journal in January).

All camp money is due in the county Extension office by the close of business on Monday, May 19th, 2008. ALL youth interested must have a current and signed 4-H enrollment card on file in our office. To check the status of a member's 4-H enrollment card, please contact the county 4-H office. Please call or email Erica at 340-6650 or eharris@uaex.edu with questions regarding state 4-H summer camp.

Brittany C., Geyer Springs 4-H Club member, climbing the rock wall during State 4-H Summer Camp 2007.



Robert H., Big Tymers 4-H Club member, enjoys a dip in the pool during State 4 H Summer Camp 2007.

Deadlines & Activity Dates:

Teen Leader Conference applications & fees April 1

Fashion & Fine Arts Night April 11

Volunteer Leader & Parent Forum April 18

4-H 5K Walk/Run April 19

County O'Rama Pre-registration May 5

County O'Rama May 17

Summer Camp Applications & Fees May 19

“Think left and think right and think low and think high, Oh the things you can think up if only you try!”
- Dr. Seuss

“Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing.”
-Mother Teresa

Fashion and Fine Arts Night

Due to inclement weather on March 7th, Fashion and Fine Arts Night was canceled. **It has been rescheduled for Friday, April 11th, 2008** at Winfield United Methodist Church located at 20100 Cantrell Road in Little Rock. The competitive activities will begin promptly at 6:30 p.m.

4-H members who had a conflict with the March 7th date due to church or school obligations may register to compete until Thursday, April 1st by calling the county 4-H office at 340-6650 or by emailing Erica at eharris@uaex.edu.

The Fashion and Fine Arts Night gives 4-H'ers an opportunity to compete in activities that test their knowledge and skills within the project areas of Arkansas' 4-H Initiatives for Communications and

Teen Leader Conference

The Arkansas Teen Leader Conference is a three-day conference for 4-H members ages 14 to 19. Each year, the conference focuses on a specific topic and helps to prepare teens for leadership responsibilities in their local clubs and counties.

Teen Leader Conference will be held June 11th – 13th at the C.A. Vines Arkansas 4-H Center. The Teen Star Recognition and Hall of Fame Induction will be conducted at the Teen Star and Hall of Fame Banquet held during the conference on Wednesday, June 11th. The registration fee is \$160 (\$80 for members who submitted a journal in January).

There is a short application that must be completed and submitted along with the member's registration fee by April 1st. If any teen member is interested in attending, please contact Erica at 340-6650 or eharris@uaex.edu for an application and additional information.

Congratulations!

Courtney M. was selected as a 2008 Arkansas 4-H Teen Star! Courtney will be recognized during the annual Teen Star and Hall of Fame banquet held during Teen Leader Conference.

Expressive Arts as well as Extending Resources.

The competitive activities include:

Instrumental
Dance
Vocal
Fashion Revue—Purchased—Casual
Fashion Revue—Purchased—Dressy
Fashion Revue—Constructed—Casual
Fashion Revue—Constructed – Dressy



Members of the Geyer Springs 4-H Club participate in the 2007 Fashion and Fine Arts Night Dance competition.



Members of the county Teen Leaders 4-H Club volunteered during the 2007 Susan G. Komen Race for the Cure. Any youth between the ages of 13 and 19 can be a member of the club. Meetings are held every 1st Tuesday of the month. Contact the county 4-H office for additional information.

Aaron F. was selected as a 2008 Beekeeping essay state finalist! His winning essay advances him to the national competition to be judged by the American Beekeeping Federation.



Glen L., Big Tymers 4-H Club adult volunteer leader, assists during Kids Construction 2008.



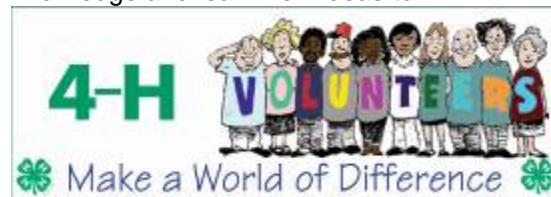
Sheila Farley, Teen Leader 4 H Club adult volunteer leader, scores members during Outdoor Adventure Day 2007.

Spring 4-H Parent and Volunteer Forum-Centennial 4-H Reunion Celebration

The 2008 Spring 4-H Parent and Volunteer Forum-Centennial 4-H Reunion Celebration is scheduled for April 18th – 19th, 2008 at the C. A. Vines Arkansas 4-H Center. Full-time registration fee for youth or adults is \$49 per person. The fee for the Friday evening celebration is \$18.95 per person.

The Forum is sponsored by the Arkansas 4-H Adult Leaders' Association, National 4-H Council, and Monsanto.

The theme for the forum is "Centennial 4-H Reunion Celebration". The theme will allow participants to enhance involvement in 4-H. There will be educational workshops, fun shops, updates from the state office, and networking with other parents and volunteers from across the state. This will be a great opportunity to expand knowledge and learn new ideas to



take back to local and county clubs.

Youth are also invited to participate in the Spring Forum, as specific youth workshops have been planned. The Forum will begin at 4:00pm on Friday, April 18th and conclude on Saturday, April 19th at 2:00pm. Please contact the county 4-H office for a registration form. **All forms and registration fees are due by April 1st.**

Volunteer Appreciation Week

Adult volunteers are the backbone of our 4-H program. **Volunteer appreciation week is April 27th – May 3rd.** Listed below are great ways to show gratitude for your club leader!

- Send a thank-you note
- Bake and give cookies
- Frame and sign a group picture of club members
- Make and give home made candy
- Write a poem about your volunteer

Adventures in Family Consumer Sciences

Discover the innovative field of Family and Consumer Science. *Adventures in FCS* is a week-long summer camp for senior 4-H members ages 15 – 18 at the School of Human Environmental Science at the University of Arkansas, Fayetteville.

The camp is scheduled for Monday, July 7th through Friday, July 11th. A \$100 scholarship for each 4-H'er drops the cost of this event to \$250 (\$125 if you submitted a 4-H Journal in January). Lodging, all activities, and most meals are included. **Deposit of \$100 due with application on May 1st.** **Remainder of fee will be due June 1st.**

Each day will be filled with

activities designed to help students experience Family and Consumer Sciences in a college and career environment. 4-H'ers will engage in activities planned by faculty in the School of Human Environmental Science. Sessions highlighting career opportunities will provide engagement with alumni and local FCS professionals. Field trips and tours will provide a look into the business and professional settings of FCS careers.

Lodging will be on campus in the Inn at Carnall Hall. Originally built in 1905, Carnall Hall was the first women's dormitory in the state of Arkansas. Carnall Hall is on the National Register of Historic Places and is listed as



Kashmere P., Teen Leader 4-H Club member, receives guidance during a club sewing project.

a Historic Hotel of America. Guest rooms are completely renovated with the inviting sophistication for which Inn at Carnall Hall is recognized. If you would like more information please contact Erica at 340-6650 or eharris@uaex.edu. Applications and the camp deposit are due on May 1st.

4-H Poster Art Contest

The 2008 4-H Poster Art contest is open to all 4-H members ages 9 – 19. This year's theme is: 4-H: Wired for Success

Posters should be 14" x 22" in dimension and may be horizontal or vertical. Posters may be any medium art—watercolor, ink, crayon, acrylic, charcoal, oils or collage. They cannot contain any copyrighted material such as cartoon characters and cannot have any three dimensional items on them.

The 4-H members name, age, county, full address and brief

Arkansas Farm Bureau Summer Youth Activities

The Arkansas Farm Bureau and Harding University are partnering again to sponsor the National Leadership Forum. The forum will be held at Harding University's campus in Searcy on June 8th – 13th. It is open to student leaders in grades 9th – 12th. (Participants should be entering the 9th – 12th grades in the fall of 2008).

The forum's guest presenters cover topics on leadership development, free enterprise, foreign policy, building family values, sex respect, AIDS, and drug/alcohol abuse.

The Pulaski County Farm Bureau

2008 4-H Journal Results

CONGRATULATIONS to all members who submitted a 4-H Journal in January! We hope that you will continue to record your progress and experiences in 4-H by submitting a journal annually.

The District 4-H Journal winners will be recognized during Regional O'Rama, June 20th, on the University of Arkansas – Pine Bluff campus.

Beginner:

*Phoebe C. – Pet Care
Brandon B. – Shooting Sports
Tyler B. – Shooting Sports

interpretation of art work must be affixed to the back of the poster in the upper left hand corner. (You may use a 3" x 5" index card.) Posters should be submitted (flat, not rolled) to the State Communications Office, Attn: Chris Meux.

The deadline for this year's poster art contest is May 1st, 2008.

On the state level, the top ten winners will receive certificates, which will be presented at the Regional 4-H O-Ramas. Ten finalists will be selected for competition in the Mid-South

sponsors two Pulaski County 4-H teen leaders annually to attend the forum. There is an application process. If you are interested and would like to learn more about this leadership opportunity, please contact Erica at eharris@uaex.edu or 340-6650. **Applications are due by May 1st 2008.**

The Arkansas Farm Bureau will also host Teen Challenge at the C.A. Vines Arkansas 4-H Center June 16 – 19, 2008. The camp is open to youth in grades 9 – 12. (Participants should be entering the 9th – 12th grades in the fall of 2008).

Darin B. – Foods & Nutrition
Jakarie C. – Foods & Nutrition
Brittney E. – Foods & Nutrition
Stevie E. – Foods & Nutrition
Romarious F. – Foods & Nutrition
Jason G. – Foods & Nutrition
Selina P. – Foods & Nutrition
Chanell R. – Foods & Nutrition
Cassandra S. – Foods & Nutrition
Kadejha V. – Foods & Nutrition

Intermediate:

*Robert B. – Citizenship
Lisa D. – Foods & Nutrition
Melanie E. – Foods & Nutrition
*Sarah K. – Arts & Humanities

Fair Poster Art Contest. The awards at the Mid-South Fair are listed below:

1st Place - \$35.00 plus ribbon
2nd Place - \$25.00 plus ribbon
3rd Place - \$10.00 plus ribbon

If you have any additional questions regarding the 4-H Poster Art Contest please contact Erica at eharris@uaex.edu or 340-6650.

Check the status of your 4-H Enrollment Card for 2008. All cards must be current to keep 4-H membership status and to remain on our mailing list.

Call the 4-H office today at 340-6650.

The Pulaski County Farm Bureau will sponsor two Pulaski County 4-H teen leaders to attend.

This year campers will be certified in CPR, learn about ATV safety, and the dangers of drinking in driving. Campers will also have the opportunity to participate in the 4-H Center's ropes course.

All applications must be submitted to the county 4-H office by May 1st 2008.

Melissa M. – Foods & Nutrition
*Arielle N. – Child Development
*Kashmere P. – Clothing

Advanced:

*Karis B. – Arts & Humanities
*Aaron F. – Citizenship
DeAndre L. – Foods & Nutrition
Courtney M. – Citizenship
Nikko P. – Leadership

* Denotes District 4-H Journal winner