

**Pulaski County
Extension
Homemakers**



Council Officers

President:

Joy Young

1st Vice President:

Mary Gray

2nd Vice President:

Faye Suitt

3rd Vice President:

Betty Penrod

Secretary:

Kathy Hinson

Treasurer:

Sue Senn

Parliamentarian:

Katherine Denton

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**Pulaski County's
AEHC President-Elect
Joyce Hall**

Enjoy Life! This isn't
a rehearsal.

EHC Enriches Homes, Communities through Holidays

Pulaski County Extension Homemakers shared in the celebration of the holiday season with others. A few ideas included:

Sylvan Hills Club gave gifts of toys to the Little Rock Air Force Base Family Advocacy instead of exchanging gifts.

Belwood Club voted to obtain a name of a family from the Angel Tree in McCain Mall.

Night Owls Club filled stockings for the Salvation Army. They shopped sales throughout the year and were able to fill eleven stockings this year, an increase from six the previous year.

David O. Dodd Club filled stockings for the Salvation Army.



Ferndale Club held a Breakfast with Santa, where children were photographed with Santa and enjoyed breakfast foods. They also collected gifts for the Children's Hospital Festival of Stars. Instead of gifts for each other, they wrapped the gifts and took turns opening them at their Christmas dinner. Members delivered gifts to the hospital. The appropriated value was \$400.

Coming

January 28, 2008

EHC Board Meeting
County Officers, County
Leaders and Club Presidents

Monday, February 4th

Leader Training
Cultural Arts Leaders

Monday, March 3rd

Family & Human
Development Leaders

AEHC State Meeting

Annual Meeting

June 10 – 12th

Hot Springs Convention

Let the office know if you are
interested in receiving the packet
of information

A new Pulaski County EHC
brochure is available for
promotion thanks to 1st VP,

Mary Gray

These will be distributed at
the January Board meeting.

Testimonials

“My life and that of my
family have been enhanced
through the friendships I have
made in EH volunteer work.”

Carolyn Leuenhagen

“Being a member of EHC has
helped me become a better
homemaker. It has taught me
to organize, communicate
with my peers, buy healthy
food for my family, and
practice food safety.”

Susan Cryer

“EH has helped me to be
confident with my abilities in
a leadership role, and has
shown me the importance of
delegating in order to help
others learn.”

Joy Young

Cultural Arts Workshops

Brady EH Building

**Call Brenda Forthman
at 225-1611 to register**

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Wed., March 5th – 9:30 a.m.

Drop Beaded Earrings

Cost of kit \$3.00

**Bring needle-nose pliers
and round-nose pliers**

Taught by Anne Jackson

Register by Feb 27th

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Wed., April 2nd 9:30 a.m.

Silk Ribbon

Embroidery on Wool

Cost of kit \$12.00

Bring scissors & thimbles

Taught by Vivian Higgs

Register by March 19th

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*The North Pulaski EHC enjoyed a
tour of the Governor's Mansion in
December. Mrs. Beebe, front row
center, served as hostess and had her
picture taken with the group.*

Grandparents are Great!

Having grandchildren come to visit
is exciting, but it can also be a
challenge. How do you get a
toddler to warm up to you? What
can you do to prevent your
treasured objects from damage?

☞ When talking to young children,
get down to their level—sit down
or bend over; don't tower above
them. Don't use baby talk or gush.
You remember a toddler from his
last visit as an infant. But he
doesn't remember you. Hugs and
kisses from an adult the child
doesn't recognize can be

frightening. Go slow, simply
smiling until they feel more at ease.

☞ Tell stories about their parents
as children. Use this opportunity to
share your family history and pass
along family traditions.

☞ Encourage some time outdoors
or suggest a trip to the park. Let
them roller blade in the garage.

☞ Put your most valuable
breakables out of reach. Parents
may be able to bring along a gate
that keeps a toddler from climbing
the stairs.

All meetings and activities announced in
this newsletter are open to all eligible
persons without regard to race, color,
national origin, religion, gender, age,
disability, marital or veteran status, or any
other legally protected status. Persons
with disabilities who require alternative
means for communication of program
information (large print, audiotapes, etc.)
should notify the county Extension office
as soon as possible prior to the activity.

Joy L. Buffalo

County Extension Agent

Family & Consumer Sciences

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