



## Arkansas 4-H Projects

Projects are the base of 4-H work. In Arkansas we have a wide variety of projects from which to choose. Whatever your interest, 4-H has a project for you. Project work can help you achieve your goals in life by teaching you life skills through “learn-by-doing” activities. Many former 4-H’ers are now in a career that relates to the project they took while in 4-H. Project work can help you determine your interests and develop knowledge and skills in the areas in which you are most interested. It’s not like school – in 4-H you get to choose what you want to study. And all project curriculum is research-based and activity-oriented so you won’t get bored while you learn.

By “project” we mean work done with animals or crops, articles made or some other definite enterprise undertaken by 4-H’ers. The project should be one that fits well into the home and community. It should be practical and provide some income, savings or satisfaction to the 4-H’er. Most projects are supported by county, district and state activities which can help you learn more about your project area or let you demonstrate and be recognized for what you have learned by participating in competitive activities. As 4-H members, you can participate in any 4-H activities or events for which you qualify – just ask your county Extension agent.

### What Is the Purpose of a Project?

- Help 4-H members grow.
- Help develop life skills.
- Help 4-H’ers learn to work with others.
- Encourage 4-H’ers to set and reach goals.
- Teach latest scientific methods.
- Help 4-H’ers learn responsibility.

### How Is a Project Selected?

The 4-H’er should use these guidelines in selecting a project:

- Select a project that he or she likes.
- Select a project that can be completed.
- Know how much money the project requires.
- Know how much space and equipment are needed.
- Determine if parents can help.
- Know the opportunities for growth.

### How Many Projects Should a 4-H’er Select?

- Enroll only in the number of projects that can be completed.
- Select one project as a main project.
- Two or three projects that really interest the 4-H’er are better than too many.
- Additional projects can always be added later.

### Project Requirements

In some project books, there is a list of requirements. In other projects, the 4-H’ers should study the project books and make a list of things they want to learn and do. Listed below are some general requirements that relate to all projects:

- Make a set of project goals.
- Complete certain goals each month – most project work is done at home.
- Keep a record of goals completed.
- Exhibit project work.
- Enter a contest at the local or county level.
- Attend workshops available in community or county on your particular project.
- Complete a 4-H project record each year.
- Practice leadership skills by teaching other interested persons about your project.
- Carry out citizenship deeds related to your 4-H project.
- Continue to study and broaden project knowledge and skills.

### When Is a Project Completed?

- When the goals set by the 4-H’er at the beginning of the year are completed.
- When a project has been submitted to the leader. This may include submitting a project record book including a report form, pictures and a story.

# Arkansas 4-H Project Curriculum

**NOTE:** Persons with disabilities who require alternative means for communication of program information (large print, audio tapes, etc.) should notify the county Extension office as soon as possible prior to activities.

Code	Project	Manual #
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## Strengthening Families

### Child Development

CA1	Child Development 1 - On My Own (\$3.00)	(BU-7139)
CA2	Child Development 2 - Moving Along Together (\$3.00)	(BU-7140)
CA3	Child Development 3 - Helping Along the Way (\$3.00)	(BU-7141)

## Extending Resources

### Clothing

CB1	Sew...For the Fun - Unit 1 (\$3.00)	(BU-7179)
CB2	Sew Much More - Unit 2 (\$3.00)	(BU-7180)
CB3	Sew On and Sew Forth - Unit 3 (\$3.00)	(BU-7181)
CB4	Let's Sew (\$4.00)	(Sew-1)
CB5	Clothing Decisions 1 - Discovering Choice (\$3.00)	(BU-7360)
CB6	Clothing Decisions 2 - Managing Choice (\$3.00)	(BU-7361)
CB7	Clothing Judging	(E-304)

### Consumer Education

CC1	Calculating Consumer I	(K-107)
CC2	Calculating Consumer II	(K-206)
CC3	Calculating Consumer III	(K-207)
CC4	Calculating Consumer IV	(K-305)
CC5	Consumer Judging Manual	(K-304)
CC11	Money FUNdamentals (\$3.00)	(BU-07710)
CC12	Money Moves (\$3.00)	(BU-07711)

## Enhance Health and Well-Being

### Breads

Use Foods and Nutrition materials

### Dairy Foods

See Foods and Nutrition and Dairy Science

### Foods and Nutrition/EFNEP

EC1	Level A - Six Easy Bites (\$3.00)	(4-H-791)
EC2	Level B - Tasty Tidbits (\$3.00)	(4-H-792)
EC3	Level C - You're the Chef (\$3.00)	(4-H-793)
EC4	Level D - Food Works (\$3.00)	(4-H-794)
EC5	Microwave Connection	(F-105)

### Food Preservation

Use Foods and Nutrition materials

### Health

ED1	Health A - Discovering Myself (\$3.00)	(BU-6858)
ED2	Health B - Fun with Friends (\$3.00)	(BU-6859)
EDD1	Health C - Teen Talk (\$3.00)	(BU-6860)
EB1	Stress Connection	(LI-609)
FH5	Being All You Can Be	(H-307)

Code	Project	Manual #
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## Enhance Health and Well-Being (cont.)

### Safety

EE1	Unit 1	(A-107)
EE2	Unit 2	(A-207)

### Bicycle

HCC1	Team Helmet (\$1.00)	(A-001)
HCC2	Bicycle 1 (\$3.00)	(BU-7503)
HCC3	Bicycle 2 (\$3.00)	(BU-7504)
HCC4	Bicycle 3 (\$3.00)	(BU-7505)




## Encourage Individual Development

### Citizenship/Community Issues

AB1	Arkansas History & Government	(C-203)
AB2	National History and Government	(C-304)
AB3	Me, My Family and Friends Unit 1	(S-4052)
AB4	My Neighborhood Unit II	(S-4053)
AB5	My Clubs and Groups Unit III	(S-4054)
AB6	My Community Unit IV	(S-4055)
AB7	My Heritage Unit V	(S-4056)
AB8	My Government Unit VI	(S-4057)
AB9	My World Unit VII	(S-4058)
AB10	Citizenship Adventure Kit (\$5.00)	(MI-7329)

## Personal Development and Leadership

### Leadership

FF1	Leadership	(C-302)
FF2	My Leadership Workbook (\$3.00) 	(BU-07905)
FF3	My Leadership Journal (\$3.00) 	(BU-07906)
FF4	My Leadership Portfolio (\$3.00) 	(BU-07907)

## Communications and Expressive Arts

### Arts and Humanities

BCA4	Leathercraft 1	(J-103)
BCA5	Leathercraft 2	(J-208)
BCA6	Leathercraft 3	(J-305)
BBA1	The Art of Clowning	(C-309)

### Theatre Arts Adventures

BBC1	Theatre Arts 1: Journey into the Imagination (\$3.00)	(BU-06870)
BBC2	Theatre Arts 2: Soaring into Action (\$3.00)	(BU-06871)
BBC3	Theatre Arts 3: Quest for Expression (\$3.00)	(BU-06872)
BBC4	Theatre Arts 4: Voyaging Beyond (\$3.00)	(BU-06873)

Code	Project	Manual #
<b>Communications and Expressive Arts (cont.)</b>		

**Photography**

BCD1	Unit 1 - Adventures with Your Camera (\$3.00)	(IS-201)
BCD2	Unit 2 - Exploring Photography	(IS-202)
BCD3	Unit 3 - Mastering Photography	(IS-203)
BCD4	Unit 4 - Darkroom Techniques	(IS-204)

**Public Speaking**

BAA1	Exploring Communication: Show and Tell	(C-105)
BAA2	Exploring Communication: Getting the Point Across	(C-106)
BAA3	Exploring Communication: Inside Groups and You	(C-107)
BAA4	Exploring Communication: Researching and Presenting Your Topic	(C-208)
BAA5	Exploring Communication: Informing Others	(C-209)
BAA6	Exploring Communication: Creative Helps for Speaking and Writing	(C-313)
FA1	Exploring Communication: Creative Helps for Career Planning	(C-314)
BAA7	Exploring Communication: Original Thoughts – Orations and Essays	(C-315)
BAA8	Public Speaking	(C-202)

**Other Projects**

FH6	Self-Determined: Do Your Own Thing	(C-306)
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**Valuing Agriculture - Animal Science**

**Beef**

GBB1	Beef 1 - Bite Into Beef (\$3.00)	(BU-6351)
GBB2	Beef 2 - On the Moove (\$3.00)	(BU-6352)
GBB3	Beef 3 - Leading the Charge (\$3.00)	(BU-6353)
GBB4	Beef Judging	(U-303)
GBB5	4-H Market Steer	(U-201)
GBB6	4-H Market Steer Record Book	(U-201A)

**Cat**

GBD1	Cat 1 - Purr-fect Pals (\$3.00)	(BU-6146)
GBD2	Cat 2 - Climbing Up! (\$3.00)	(BU-6147)
GBD3	Cat 3 - Cat Connections (\$3.00)	(BU-6148)

**Dairy Science**

GBF1	Unit 1 - Dig Into Dairy (\$3.00)	(BU-6154)
GBF2	Unit 2 - Mooving Ahead (\$3.00)	(BU-6155)
GBF3	Learning About Dairy (\$1.00)	(NCR-593)

**Dog**

GBE1	Dog 1 - Wiggles 'n Wags (\$3.00)	(BU-6150)
GBE2	Dog 2 - Canine Connection (\$3.00)	(BU-6151)
GBE3	Dog 3 - Leading the Pack (\$3.00)	(BU-6152)

Code	Project	Manual #
<b>Valuing Agriculture - Animal Science (cont.)</b>		

**Goat**

GBG1	Goat 1 - Getting Your Goat (\$3.00)	(BU-6162)
GBG2	Goat 2 - Stepping Out (\$3.00)	(BU-6163)
GBG3	Goat 3 - Showing the Way (\$3.00)	(BU-6164)
GBGC1	Meat Goat 1 (\$3.00)	(BU-07909)
GBGC2	Meat Goat 2 (\$3.00)	(BU-07910)
GBGC3	Meat Goat 3 (\$3.00)	(BU-07911)

**Horse Science**

GBH1	Unit 1 - Horsing Around (\$3.00)	(BU-6355)
GBH2	Unit 2 - Galloping Ahead (\$3.00)	(BU-6356)
GBH3	Unit 3 - Blazing the Way (\$3.00)	(BU-6357)
GBH4	Horse Judging	(X-302)

**Pet Care**

GBK1	Pet 1 - Pet Pals (\$3.00)	(BU-6359)
GBK2	Pet 2 - Scurrying Ahead (\$3.00)	(BU-6360)
GBK3	Pet 3 - Scaling the Heights (\$3.00)	(BU-6361)
GBK4	Inside the Aquarium	(S-206)

**Poultry**

GBC1	Poultry 1 - Scratching the Surface (\$3.00)	(BU-6363)
GBC2	Poultry 2 - Project Activity (\$3.00)	(BU-6364)
GBC3	Poultry 3 - Flocking Together (\$3.00)	(BU-6365)
GBC4	National Poultry Judging (\$3.00)	(4-H-460)

**Rabbits**

GBI1	Unit 1 - Rabbits (\$3.00)	(BU-6069)
GBI2	Unit 2 - Rabbits (\$3.00)	(BU-6070)
GBI3	Unit 3 - Rabbits (\$3.00)	(BU-6071)

**Sheep**

GBJ1	Sheep 1 - Lambs, Rams, and You (\$3.00)	(BU-6367)
GBJ2	Sheep 2 - Shear Delight (\$3.00)	(BU-6368)
GBJ3	Sheep 3 - Lead the Flock (\$3.00)	(BU-6369)

**Swine**

GBL1	Unit 1 - Squeal Appeal (\$3.00)	(BU-6158)
GBL2	Unit 2 - Hamming It Up (\$3.00)	(BU-6159)
GBL3	Unit 3 - Going Whole Hog (\$3.00)	(BU-6160)

**Valuing Agriculture - Plant Science**

**Cotton**

GCA1	Plant Science Project in Cotton	(B-304)
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**Gardening**

GCB1	Annual Flowers	(I-101)
GCB2	House Plants	(I-202)
GCC2	Gardening A (\$3.00)	(BU-7162)
GCC3	Gardening B (\$3.00)	(BU-7163)
GCC4	Gardening C (\$3.00)	(BU-7164)
GCC5	Gardening D (\$3.00)	(BU-7165)

**Landscaping**

GCD1	Landscaping	(I-301)
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Code	Project	Manual #
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## Protecting the Environment

### Environmental Stewardship

DA1	Environmental Stewardship Level 1 (\$3.00)	(S-109)
DA2	Environment 1 - Eco-Wonders (\$3.00)	(BU-07704)
DA3	Environment 2 - Eco-Adventures (\$3.00)	(BU-07705)
DA4	Environment 3 - Eco-Actions (\$3.00)	(BU-07706)
DDC2	Bait Casting Activity	(S-303)

### Fishing for Adventure

GBA1	Sportfishing 1 - Something Fishy (\$3.00)	(BU-7598)
GBA2	Sportfishing 2 - Reeling in the Fun (\$3.00)	(BU-7599)
GBA3	Sportfishing 3 - Tackle the World of Fishing (\$3.00)	(BU-7600)

### Forestry

DDA1	Trees Unit A	(CO-750)
DDA4	Urban Forestry Unit C-4	(CO-757)

## Utilizing Science and Technology

### Computer Science

HCD1	Computer 1 (\$4.00)	(BU-7509)
HCD2	Computer 2 (\$3.00)	(BU-7510)
HCD3	Computer 3 (\$3.00)	(BU-7511)

### Aerospace Adventures

HCA1	Aerospace 1 - Pre-Flight (\$3.00)	(BU-6842)
HCA2	Aerospace 2 - Lift-Off (\$3.00)	(BU-6843)
HCA3	Aerospace 3 - Reaching New Heights (\$3.00)	(BU-6844)
HCA4	Aerospace 4 - Pilot in Command (\$3.00)	(BU-6845)

### Energy Management

DC2	Electric 1 (\$3.00)	(BU-6848)
DC3	Electric 2 (\$3.00)	(BU-6849)
DC4	Electric 3 (\$3.00)	(BU-6850)
HCG1	Tractor 1 - Basics (\$3.00)	(R-102)
HCG2	Tractor 2 - Engines (\$3.00)	(R-103)
HCG3	Tractor 3 - Maintenance (\$3.00)	(R-202)
HCG4	Tractor 4 - Tractor Systems (\$3.00)	(R-302)
HCG7	Small Engines 1 - Crank It Up (\$3.00)	(BU-7324)
HCG8	Small Engines 2 - Warm It Up (\$3.00)	(BU-7325)
HCG9	Small Engines 3 - Tune It Up (\$3.00)	(BU-7326)

Code	Project	Manual #
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## Utilizing Science and Technology (cont.)

### Entomology

HBC1	Unit 1 - Creepy Crawlies (\$3.00)	(BU-6853)
HBC2	Unit 2 - What's Bugging You? (\$3.00)	(BU-6854)
HBC3	Unit 3 - Dragons, Houses & Other Flies (\$3.00)	(BU-6855)
HBC6	Making an Insect Collection	(MP83)

### Plant and Soil Science

HBG1	Plant Science Unit 1	(B-101)
HBG2	Plant Science Unit 2	(B-202)
HBG3	Land Judging (\$2.00)	(B-305)
DBC1	Chemistry of Soils	(4-HFSB1)

### Veterinary Science

HBI1	Unit 1 - Normal Animal	(4H-81)
HBI2	Unit 2 - Animal Disease	(4H-48)
HBI3	Unit 3 - Animal Health and Relationship to Our World	(4H-133)

### Wood Science

HCH1	Woodworking 1 - Measuring Up (\$3.00)	(BU-6875)
HCH2	Woodworking 2 - Making the Cut (\$3.00)	(BU-6876)
HCH3	Woodworking 3 - Nailing It Together (\$3.00)	(BU-6877)
HCH4	Woodworking 4 - Finishing Up (\$3.00)	(BU-6878)
HCH6	Woodcarving	(J-209)



Available October 2003

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