

Families, Youth & Communities Planning & Program Evaluation Logic Model (2009-2013)

Brief Program Summary

The Division of Agriculture addresses a wide variety of specific research topics dealing with quality of life and community development, including work on rural and child health care and health care in the Delta, on human migration and human capital movements in the Delta; retirement in-migration and its effects upon receiving communities; issues of aging; and recently on the human dimension of environment, natural resources, and public lands management issues. Extensive contributions have been made in the area of child care and youth development. Most of these research efforts have addressed specific quality of life or community needs.

The Arkansas 4-H program is dedicated to youth development; creating opportunities for youth that broadens skills and aspirations, nurturing the full potential of youth.

The Couple and Marriage Relationships program is an effort to provide quality, research-based education and training about dating and marriage relationships to county Extension agents who work with married couples, or those considering marriage, in their respective communities. The parenting and family relationship program has two parts: preparing adolescents and adults for parenting and providing knowledge, attitudes, and skills for those who are parents. The individual development program focuses on helping teens and adults develop the skills, attitudes, and practices for personal well-being.

Arkansas Extension offers child care providers professional development training and education. Extension addresses provider needs for continuing education through a variety of formats to meet individual needs. There are three components. The Best Care program provides ten hours of child care provider training addressing resource management, nutrition, health and safety, and child development. The second component is a child care provider training program called Best Care Connected. Best Care Connected is a five-hour child care training program offered on-line via the Internet. The last component is a child care provider training program called Guiding Children Successfully (GCS). GCS is a 20-hour self-study series that offers sensible advice and techniques for working with children.

Arkansas Extension addresses the professional development needs of school age care providers through the Arkansas 4-H Afterschool training program.

The University of Arkansas Cooperative Extension Service has defined community and economic development program efforts as “People working together to create or preserve their desired community.” It is the objective of this planned program to improve the social and economic well-being of Arkansas communities through research-based educational programming that increases the knowledge, skills and participation of citizens in creating their desired future.” To accomplish this objective the Cooperative Extension Service Community and Economic Development Program will be a leading, unbiased source of expertise in community and economic development.” This program will include research and extension programs in economic development, small business assistance, leadership development, and public issues education.

ASSUMPTIONS

Programs addressing quality of life and leadership development issues focus on addressing specific needs of youth and families in close collaboration with state and federal agencies and policymakers. Close coordination is required between the experiment station and cooperative extension to ensure that research studies are conducted that meet specific needs of importance and that needed information is utilized in a public outreach program or to provide needed information for policymakers.

The Arkansas 4-H Program focuses its work on teaching youth and adults the life skills necessary to become capable, competent and caring citizens. The theory of Positive Youth Development guides program development for the Arkansas 4-H Program. The research based Targeting Life Skills Model is the foundation for measuring life skill development. Eight life skills have been selected to measure on a statewide basis.

The life skills are:

- Decision Making
- Wise Use of Resources
- Communication
- Accepting Differences
- Leadership
- Useful/Marketable Skills
- Healthy Lifestyle Choices
- Self-Responsibility

Childcare training will continue to be a need because of state mandated licensing requirements. Funding will remain stable or increase during the next seven years. Knowledge can lead to attitude and behavior change. Child care providers will be motivated to learn and adopt recommended practices. Targeted audiences are willing and able to participate in child care training programs.

Inputs Resources & Activities	If, then	Methods	If, then	Target Audience(s) Participation	If, then	Short-Term Impact	Medium-Term Impact	If, then	Long-Term Impact
<ul style="list-style-type: none"> • Division of Agriculture research programs address family relationship and youth development issues in close collaboration with state and federal agencies and policy makers. • Family, Youth, & Communities educational programs within the University of Arkansas - Divisions of Agriculture include events and activities in the areas of Family & Consumer Science and 4-H Youth Development. • Family & Consumer Science programs provide educational topics that help Arkansans get the most for their money; eat well and stay healthy; raise caring, responsible children; and have strong families and strong relationships. • 4-H Youth Development programs provide opportunities for youth to acquire knowledge, develop life skills, form attitudes, and practice behavior that will enable them to become self directing, productive, and contributing 	➔	<p><u>Direct Methods</u></p> <ul style="list-style-type: none"> • One-on-One Intervention • Group Discussion • Demonstrations • Workshop • Education Class <p><u>Indirect Methods</u></p> <ul style="list-style-type: none"> • Newsletters • Billboards • Public Service Announcement • Web sites • TV Media Programs 	➔	<ul style="list-style-type: none"> • Adolescents and adults • Adolescents and adults who expect to become parents • Parents • Grandparents • Caring for the elderly • Step parents • Foster parents • 4-H members • 4-H youth participants • 4-H volunteers • 4-H parents • Non-4-H adults • School teachers • County Extension faculty • County FCS Agents • Extension Homemakers Council members and trainers • All married couples or those couples considering marriage • Child care providers • Local, state, and community leaders • Elected officials • Entrepreneurs 	➔	<p>Indicators:</p> <ul style="list-style-type: none"> • Number of 4-H participants who learned accepting differences life skill • Number of 4-H participants who learned healthy lifestyles choices life skill • Number of 4-H participants who learned self-responsibility life skill • Number of 4-H participants who learned leadership life skill • Number of 4-H participants who learned marketable skills life skill • Number of 4-H participants who learned wise use of resources life skill • Number of child care providers who report an increase in knowledge related to specific child care issues after participating in 	<p>Indicators:</p> <ul style="list-style-type: none"> • Number of participants adopting an effective parenting behavior/practice • Number of participants adopting a targeted relationship-enhancing behavior • Number of participants adopting a targeted personal development behavior • Number of 4-H Journals completed in 4-H Youth Development Healthy Lifestyles areas • Number of projects completed in 4-H Youth Development Healthy Lifestyles areas • Number of 4-H Journals completed in 4-H Youth Development Citizenship/Leadership areas • Number of 	➔	<p>Indicators:</p> <ul style="list-style-type: none"> • Number of participants who report an improved relationship with a child as a result of using a targeted parenting behavior • Number of participants who report an improved relationship with a partner as a result of using a targeted parenting behavior • Number of participants who report an improved quality of life as a result of using a targeted personal development behavior • Number of 4-H members receiving scholarships and grants for post secondary education

<p>members of society.</p> <ul style="list-style-type: none"> • Arkansas Extension addresses the professional development needs of school age care providers through the Arkansas 4-H Afterschool training program. School-age providers receive five hours of training in the areas of experiential learning, staff management, 4-H youth development, guidance and discipline, environmental stewardship, and service learning. The training materials are selected from existing 4-H curriculum and are adapted to fit the needs of providers working in after school settings. • Methods for providing programs entail: <ul style="list-style-type: none"> ○ Workshops ○ Training Sessions ○ One-to-one counseling ○ Develop curriculum ○ Presentations ○ School enrichment programs ○ Organize 4-H clubs ○ Train-the-Trainer ○ Committee Meetings ○ Hard-copy fact sheets ○ Newsletters ○ Video and compressed video ○ Radio, television 						<p>an Extension program</p> <ul style="list-style-type: none"> • Number of participants that increased knowledge of leadership development issues • Number of Refereed Journal Publications • Number of participants who indicate that they have gained knowledge on a targeted parenting behavior • Number of participants who indicate that they have gained knowledge on a targeted relationship-enhancing behavior • Number of participants who indicate that they have gained knowledge on a targeted personal development behavior • Number of 4-H participants who learned decision making life skill • Number of 4-H participants who learned 	<p>projects completed in 4-H Youth Development Citizenship/Leadership areas</p> <ul style="list-style-type: none"> • Number of 4-H Journals completed in 4-H Youth Development science, technology, engineering & math areas • Number of projects completed in 4-H Youth Development science, technology, engineering & math • Number of child care providers adopting a recommended practice after participating in an Extension program • Number of volunteer hours contributed through the 4-H program by youth and adults who practice good citizenship and provide community-based leadership • Number of youth conducting community service 		
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