

Tangy Pasta Salad

1-6 oz box elbow macaroni (or your choice of pasta)
1-8 oz bottle of Italian dressing
1 medium carrot, grated
1 medium green pepper, chopped
1 small onion, finely chopped
¼ cup grated parmesan cheese (optional)

1. Cook noodles according to package directions, rinse under cold water and drain well.
2. Add to the pasta, the bottle of dressing, green pepper, carrots, and onion.
3. Stir well. Sprinkle with parmesan cheese just before serving.
4. Serve immediately or chill.

Nutrition Info

Per Serving: 240 calories, 16g total fat, 2.5g saturated fat, 1g dietary fiber, 5g protein, 22g carbohydrate, 290mg sodium