



## Meatball Soup

### 6 Servings Ingredients:

1 pound hamburger, made into 1-inch balls  
4 or 5 potatoes, diced  
2 or 3 onions, chopped  
2 cups vegetables (tomatoes, string beans, corn, etc.), chopped, if necessary  
5 stalks of celery, sliced

### Directions:

Put all ingredients into kettle and cover with water. Cook until vegetables are tender. Serve with a salad and cornbread.

### Nutrition Facts per Serving:

Calories	166
Fat	6.5 g
Saturated fat	3 g
Carbohydrates	20 g
Sodium	172 mg
Cholesterol	21.3 mg
Vitamin C	21.3 mg

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