

Breakfast Pizza Pita Bread

2 Servings

Ingredients:

- 1 whole regular or 2 mini pita breads (can also use flour tortilla)
- 4 Tablespoons low-fat cottage cheese*
- 1 medium banana, thinly sliced
- 2 Tablespoons raisins (optional)
- 1 small apple, thinly sliced
- 2 teaspoons sugar
- ¼ teaspoon cinnamon

* 4 tablespoons peanut butter can be substituted for the cottage cheese

Directions:

1. Preheat oven to 400 degrees. F.
2. Slice pita bread through middle to make rounds.
3. Spread 2 tablespoons cottage cheese on each half of the pita bread.
4. Place half of the apple and half the banana on each piece of pita.
5. Mix sugar and cinnamon and sprinkle half the mixture on each pita.
6. Place both pita halves on a baking sheet and bake in the oven until bubbly and golden brown.