



# EHC Connection

## Upcoming Events

Clark County Extension Service  
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Arkadelphia, AR 71923  
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**April 2008**

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County Extension Agent-  
Staff Chair

*Kris Elliott*  
Kris Elliott

County Extension Agent-  
Family & Consumer Sciences  
kelliott@uaex.edu

Amy Simpson  
County Extension Agent-  
4-H/Agriculture

Rebekah Beene  
Administrative Office Supervisor

**Executive Board Members**

Gwyn Buck, President  
870-366-4610

**Open, President Elect**

Lynn LeMay, Co-Vice Pres.  
870-353-6301

Jean Tolland, Co-Vice Pres.  
870-353-2616

Janet Dunklegod, Treasurer  
870-366-4072

Dorothy Daniell, Secretary  
870-245-3687

Ruth Boyd, Report/Parliamen.  
870-246-5533

Kathy Bauer, Past Pres.  
870-353-4072

## Country Cookin'

Clark County EHC will host Country Cookin' - Beans & Cornbread lunch **Thursday, April 24**, at First Methodist Church in Arkadelphia. Tickets are being pre-sold now. If you did not get tickets at your club meeting, come by the Extension office to pick some up. There is a job for each member. A few people can not do all the work. Help is needed setting up on Wednesday and cooking, serving and cleaning up on Thursday. For more details, contact Waynette Shuler at 246-7845.

## Embroidery Basics Class

The quarterly special event class will be held **Thursday, May 1** in the Outback Kitchen, beginning at 6:30 p.m. The class will cost \$10, and will teach six stitches, which are the basic stitches for most projects. All supplies/materials will be provided. Class participants will take home a kitchen towel. Participants can bring their own scissors. **Payment & registration for the class must be made by April 28** at the Extension office.



## Leader Training

May's training will be "Fun Activities to do with Family & Friends" in the area of Family & Human Development by Janet Dunklegod. Training will be on **Wednesday, May 5**, in the Outback Kitchen, starting at **9:30 a.m.**



## Board Meeting

The next meeting will be **Wednesday, May 7**, beginning at **10:30 a.m.** All club presidents are council officers are expected to attend.

## Spring Council Meeting

The Spring Council meeting will be on **Thursday, May 22**. The theme is "April Showers bring May Flowers." The meeting will be held at the fairgrounds in the Arts & Crafts Building. Dorsey's will be catering the meal, which will cost almost \$14 per person. Members need to pre-pay \$7 at the Extension office by **May 16**. The remainder of the meal cost is covered by the Council. A speaker from Heifer International will be presenting the program. Registration begins at 9:30 a.m.

## Community Service

The local Sheriff's Youth Ranch was in need of yard equipment. The Council purchased a lawn mower, a wheelbarrow, a rake, gas cans, etc. with a donation of almost \$500. Council Officers Gwyn Buck, Ruth Boyd, along with Dorothy Daniel (took the photo) made the donation on behalf of EHC.



## Gold Star Club & Member of the Year Nominees

Each Club can submit Gold Star and Member of Year Nominees to the Extension office by **April 30**. If your club would like to submit a project book to be eligible for three Gold Stars, it must also be turned in by **April 30**. Nominations need to be presented in a "bulleted" format. Do not submit scrapbook formats for either award. If you have any questions, please contact Kris.



## Jaunty Hats

Knit Unto Others is sponsoring a Jaunty Hats for Chemo Patients drive. Contests will be held, and prizes will be awarded for participants. All hats will be sent to the AEHC State meeting in June. Prizes will include items such as materials, supplies and percent discounts.



## AEHC State Meeting

The AEHC State meeting will be held in Hot Springs from June 10 – 12. Registration is due at the county office by **April 30**. If you would like a packet, please contact the Extension office. Remember, the County Council pays members' registration fees – others costs are paid by the member.

If you know of a 50 Year EH Member or a person to be remembered in the Memorial ceremony, contact the Extension office by **April 30**.

The theme for this year is "Share the Gift of EHC." Each county is asked to bring:

- Cultural Arts Exhibit
- County Centerpiece
- Silent Auction – two items
- AR Children's Hospital Donations
- Jaunty Hats for Cancer Patients

**Cultural Art Exhibit** – Design a head dressing for a cancer patient. It can be knitted, sewn with fabric, or crocheted.

**County Centerpiece** – The centerpiece is a gift box for any occasion. The box should be no larger than 15 inches in diameter and 15 inches tall. An item for the door prize should be placed inside the box. Door prize items can be jewelry, stationary, handmade items, etc.

**Silent Auction** – Each county is asked to bring two new items for the silent auction. These items can be crafts, apparel accessories, or household items. The value should be \$15 or more.

After attending the Officers' Training in Ferndale, we have obtained a list of soldiers' needs.

There is one problem — before the council can think about participating in this project, a specific soldier needs to be identified to receive the parcels. This contact soldier hands out the boxed items to other soldiers. If you know a soldier that might like to participate, contact the Extension office.



# EHC Board Minutes

**Roll Call:** Hartsville, Manchester, Red Springs, Whelen Springs, Power Pals and Quilter's Guild.

**Salad Luncheon Fund Raiser** – Waynette Shuler, chair person, reported that the next meeting will be held April 18 at 9:30 in Outback Kitchen. Tickets are on sale from now until April 17. All members are asked to sell tickets.

Thirty pies and 10 cakes are needed for lunch. Dorothy reported the following commitments: Oakland – 1; Power Pals – 1 cake/brownie; Whelen Springs – 7; Red Springs – 2 cakes, 2 pies; Hartsville – 5-7; Manchester 5-6 pies, 2 cakes. Waynette will make a pecan pie and a German chocolate cake for Auction.

Set up for lunch will be Wednesday, April 23 at 1 p.m. at the 1<sup>st</sup> Methodist Church. Volunteers for cooking will start Thursday, April 24 at 8 a.m. at the church.

Decorations: Snuff bottles will be used for decorations. If you have any snuff jars, put your name on the bottom of the jar and bring them to the Extension office.

**EHC Kitchen bathroom cabinet** – The estimated cost of replacing the vanities, faucets and floors in both restrooms was \$470. Two lights are not working and an additional \$45 per ballast is required, if replacements are needed. A motion was passed to have these repairs made.

**Sheriff's Youth Ranch** – Council purchased a lawn mower and yard equipment with the donation that was provided after the ranch board meeting.

**Spring Council Committee** – The meeting will be held Thursday, May 22 at the fairgrounds in the Arts & Crafts building. Registration will begin at 9:30 a.m. A motion was passed for members to pay \$7 of the

total cost of \$13.90 per lunch, with Council paying the remaining amount per member. The deadline is **May 16** to register and pay \$7 for lunch at the extension office.

**Kitchen Cleaning** – The new contact person is Rhonda Ware, who can be reached at 870-246-5960 to schedule workers.

**AEHC State Meeting** – June 10 –12 in Hot Springs. Registration is due in the office by April 29.

**Gold Star Clubs** – Gwyn gave the reminder that the title of Gold Star Clubs replaces the former Club of the Year title. Clubs need to have submissions to the extension office by **April 30**, along with Member of the Year nominations.

**Pageant Committee** – Missy Canale agreed to chair the pageant committee. Contact Gwyn to volunteer.

**Quarterly Special Event** – Kris reported that the Basic Embroidery class has been scheduled for May 1, at 6:30 p.m. in the Outback Kitchen. Register and pay \$10 for supplies by April 28 at the Extension office.

## ANNOUNCEMENTS:

- Country Cookin' Fundraiser, April 24
- Next Leader Training – May 7, 9:30 (Family & Human Development)
- Next Board Meeting – May 7, 10:30
- Embroidery Basics, May 1, 6:30 pm



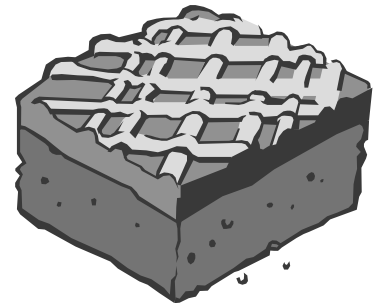
Council Officers Jean Toland, Dorothy Daniel, Nedra Williams and Gwyn Buck recently attended the AEHC Officers' Training held in Ferndale, representing Clark County EH.

All meetings and activities announced in this newsletter are open to all eligible persons without regard to race, color, national origin, religion, gender, age, disability, marital or veteran status, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer. Persons with disabilities who require alternative means for communication of program information (large print, audiotapes, etc.) should notify the county Extension office as soon as possible prior to the activity.



## Ooey-Gooey Peanut Butter Chocolate Brownies

3/4 cup fat-free sweetened condensed milk, divided  
1/4 cup butter or stick margarine, melted & cooled  
1/4 cup fat-free milk  
1 (18.25-ounce) package devil's food cake mix  
1 large egg white, lightly beaten  
Cooking spray  
1 (7-ounce) jar marshmallow cream  
1/2 cup peanut butter morsels



Preheat oven to 350°. Combine 1/4 cup condensed milk, butter, and next 3 ingredients (butter through egg white) in a bowl (batter will be very stiff). Coat bottom of a 13 x 9-inch baking pan with cooking spray. Press two-thirds of batter into prepared pan using floured hands; pat evenly (layer will be thin).

Bake at 350° for 10 minutes. Combine 1/2 cup condensed milk and marshmallow creme in a bowl; stir in morsels. Spread marshmallow mixture evenly over brownie layer. Carefully drop remaining batter by spoonfuls over marshmallow mixture. Bake at 350° for 30 minutes. Cool completely in pan on a wire rack.

Yield: 2 dozen (serving size: 1 brownie)

CALORIES 176 (25% from fat); FAT 5g (sat 2.1g, mono 1.6g, poly 1.1g); PROTEIN 2.6g; CHOLESTEROL 6mg; CALCIUM 30mg; SODIUM 212mg; FIBER 0.8g; IRON 0.8mg; CARBOHYDRATE 29.9g