

EVERY HOME COUNTS

July-August, 2008

QUARTERLY PROJECT DAYS

Quarterly Project Days have been great. I think we should do a State Project Report on this concept.

In August, Scrappers will host a session, and you need to start gathering up picture frames and candle holders. These items need not match and can be wood or metal. This is a great project idea that everyone will love. The date will be determined soon.

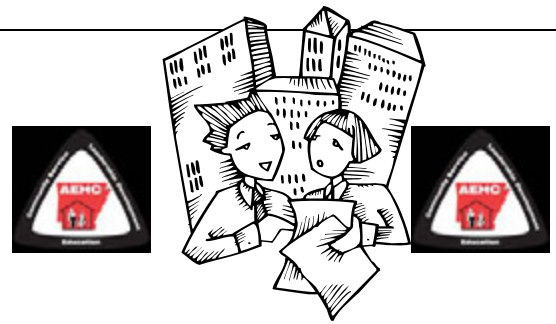
Oct-Nov-Dec and Jan-Feb-Mar is open for a club to host.

I am sorry for the time since the last newsletter. I would gladly accept assistance from a dedicated member. I hope you enjoy your yearbook and tell your members who served on that committee how much they are appreciated.

Sincerely,

Linda Chappell
County Extension Agent-Family & Consumer Science

Carroll County Extension Homemakers



2007-2009 Council Officers

President-----Polly Lichti
Vice-President---Sharie Taylor
Secretary-----Mary Ann Hagedorn
Treasurer-----Janet Nies
Reporter-----Charlene Guidotti
Past President---Charlene Guidotti

Chairmen:

Community Service---Mandy Leach
Education Chairman---Alice Persyn
Leadership Chairman---Geneva West



2008 FALL COUNCIL THEME

Fall Council theme is "Celebrating Yesterday, Today and Tomorrow." Each club is to decorate their table with period items. Dry Fork has the task of table decorating for Fall Council and may want to guide us more on this.

The Leader Training will be held on Monday, July 14 at 11 a.m. at the Carroll County Senior Center. I hope to have a medical doctor assist me and bring us up-to-date with the latest in medical issues and bone health. Many of us take bone health for granted, and even elementary students need to increase their efforts in building bone strength and health.

STATE MEETING NEWS - 2008

How to Complete an Emergency Pantry

by Geneva West

Ten of us went to Hot Springs to the State Meeting.

We all had a nice time. It was hard to pick out what to write about, since all the topics were very good. I decided to write about how to complete an emergency pantry, using information discussed by presenter Cheryl Maxwell, Hot Springs County FCS Agent.

You are well on your way to having an emergency pantry when you stock your food pantry with nonperishable foods. Whenever possible, shop at your pantry. Everyday, keep a grocery list and replace what you use every week. Food and water are necessary for life. Plan one-week meals with food your family likes, including grains, vegetables, fruits, and milk.

Rosa Thomas

I learned many things at the state meeting this year. They had healthy snacks with low calories. For example, half of an apple with two teaspoons of peanut butter is only 100 calories (and one of my favorite snacks). I also learned about eating right for a healthy heart and how to protect your family and home during a CBR event. The session on Recycled Old Belts was very interesting. Old belts can be cut in pieces. A picture frame can be glued on to the belt pieces to enhance the appearance of the picture on the frame. I plan on trying this project with old belts and pictures of my own. One of the creative skills classes that I took was the Beaded Trivet, which I ran out of time to finish. I will finish it at home. I had a very good time, even though we got caught in a hail storm going down to Hot Springs.

The Busy Bee EH Club met on June 21 for our regular meeting. Some have been busy working on things for the fair. We have gained two new members in the past two months. Three members attended the state meeting and won an award. We also made a hat, which was given to a cancer patient, in the contest at the state meeting.

We plan on having a workshop to discuss our next year's project in the near future. We gave a box of blankets, quilts, clothes and toys to the girl scouts for the tornado victims in Oklahoma and Missouri.

We have been working on our many on-going projects like quilts & bears for the police department, the burp bibs for the hospital, tote bags for the nursing home, items for Head Start, caps, blankets for the new babies at the hospital and the DHS needs.

We had several craft workshops to teach crafts, quilting and other information with non-members. We hold these workshops once a month. Rosa Thomas: President



FAIR JUDGES NEEDED

WASHINGTON COUNTY

Adult & Youth Divisions
 Monday, August 18, at 9 a.m.
 Food Preservation - 8

NEWTON COUNTY

Monday, August 25

MADISON COUNTY

Monday, September 1 (new week)

Arts - 2
 Baked Foods - 2
 Clothing * 1
 Clothes Line Art (junior) * 2
 Flowers * 2
 Food Preservation - 2 Jr. and 2 Sr.
 HandiCrafts - 2 Jr. and 2 Sr.
 Home Furnishing * 2
 Household Arts * 2
 Horticulture * 2

 (Combine) Hobbies and Collections * 1
 (Combine) Entomology and Natural * 1
 (Combine) Wood and Industrial Arts * 1

CARROLL & JOHNSON COUNTY JUDGING

Wednesday, September 3

BENTON COUNTY

September 9

BAXTER COUNTY

September 10

MARION COUNTY

September 17

BOONE COUNTY

Wednesday, September 17, 7 p.m.
 Flowers: 2
 Baked Foods: 2
 Thursday, September 18, 9 a.m.
 Field Crops: 2
 Woodworking: 1
 Household Arts: 2
 Home Furnishings (quilts): 2
 Junior Handicrafts (hobbies): 2
 Senior Handicrafts (hobbies): 2
 Clothing: 1
 Food Preservation: 2
 Educational Booths: 2
 Art: 1

NW AR District Fair

September 21, from noon - 10 p.m.
 Baked foods Department workers - 2
 Some of the judging spaces may have already been filled. Call me today if you are interested in volunteering.
 These are long, but enjoyable days.



BOARD MEETING UPDATE:

Because each club was represented with our delegation to Hot Springs, we had a Board meeting at Cracker Barrel on the way home. The Fall Council date of Tuesday, September 30 and Holiday Foods on November 5 were determined.

Homemaker of the Year would receive a sash, crown and Apron. The Club of the Year will receive a traveling plaque and certificates for Perfect Attendance.

Each club should nominate at least one member and out-of county judges will choose. This year, you can write a nomination letter stating why they are deserving of Homemaker of the Year—no guidelines and no limits.

Club of the Year will be chosen from the club scrapbook that you submit by September 15 (the yearbook says July 1).

The Educator of the Year is based on club nominations of the person who presented the most/best programs this year. All of these awards are due by September 15.

