

“4-H NOTES & QUOTES”

Arkansas County 4-H Newsletter

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4-H TO OFFER HORSE PROGRAM

By: Carly Bokker, CEA - Agriculture

The 4-H Motto:

“To make the best better”

Dates to Remember:

Horse Program
July 17

State O-Rama
July 23-25

4-H Officers/Leaders
Meeting
August 4

Arkansas County Fair
September 8-13

Jr. 4-H Council Officers
Britton P., President
Tanner C., Vice President
LeeAnn K., Secretary
Kailyn F., Treasurer
Erin W., Reporter

Sr. 4-H Council Officers
Colbie P., President
Trevor N., Vice President
Jena L., Secretary
Daniel M., Treasurer
Charli W., Reporter

Adult 4-H Council Officers
Priscilla B., President
Cindy P., Vice President
Barbara N., Secretary
Brandi D., Treasurer
Charles B., Reporter

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Since starting to work in Arkansas County, I've noticed that we have quite a few youth who own horses. I've also noticed that most of those same kids do not have many activities to do with their horse. There are also children who are interested in horses but may not live somewhere they can keep a horse, or Mom and Dad may not want to take care of one!

Through the horse programs available to 4-H youth, kids have the opportunity to learn horsemanship skills, training, feeding, and equine management skills. Youth also learn to appreciate horseback riding and gain knowledge on safety for themselves and their equine partner. They also develop a greater love for animals as well as a humane attitude towards them.

Believe it or not, most activities do not require the child to own a horse. While there are opportunities to show horses at District, State and Regional horseshows in many divisions, including speed events, livestock events, hunter events, and Queen's competitions, there are just as many non-riding competitive events.

Through participating in the local 4-H Horse Club, youth will have the opportunity to learn the basics of horses to the most advanced lessons on horse and horse ownership. From learning the parts of the horse, correct saddling techniques, feeding basics and proper nutrition, horse vaccinations, and hoof care, there is something to learn for all levels of equine enthusiasts.

If you are interested in being a part of the 4-H Horse Club, please join us on July 17, 2008, at the Camp Doughboy Arena beginning at 6:00 p.m. Steve Jones, University of Arkansas Extension Horse Specialist, will be on hand giving a lesson on feeds and feeding and will show some basic ground work on his horses. If you have any questions about this program, please call the Extension office at 946-3231 or 673-2346.

WILD RIVER COUNTRY 4-H DISCOUNT TICKETS

Wild River Country is offering 4-H discount tickets. Tickets are only \$10 per person (includes tax) and can be used any day of the 2008 season. Tickets must be purchased by July 11 (tickets cannot be purchased or picked up from Wild River Country.) Ticket order forms are available at the Extension office.



NATURE PHOTOGRAPHY WORKSHOP

Photography is fun and helps kids look more carefully at the world around them. Arkansas County 4-H members participated in a Nature Photography Workshop on June 18 at the White River National Refuge Visitor Center at St. Charles with the program by Matt Conner, Interpretative Park Ranger. Participants learned about the techniques for digital photography. Cameras were provided, and participants walked the nature trail taking photos, then returned to the Visitor Center for viewing their photos. Youth participating were: Addison J., Erin W., Lauren J., Kailyn F., and Taven C. Adults participating were: Tamyra F., 4-H Leader; Grant Beckwith, CEA-Agriculture; Ken Adams, CEA-Agriculture; and Alta Lockley, 4-H Program Assistant.



CLOVERBUD CAMP

4-H Cloverbud Camp was held on Tuesday, June 24, at the Extension office in DeWitt. This fun day was scheduled for ages 5–8. Participants played

outside team games, went on a playground scavenger hunt, and enjoyed making an indoor craft. Lunch was served. In the afternoon, popcorn and drinks were enjoyed while watching "Charlotte's Web" on the big screen. Charlotte's Web features the 4-H Emblem multiple times, and the themes portrayed speak directly to the great work that 4-H does in developing youth – building friendships, commitment to goals and having fun! Youth participating were: Destiny B., Emily J., Jordan M., Austin M., Breanna M., Abbie R., Samantha R., Jase R., and Holly S.



4-H SOUTHEAST REGIONAL O-RAMA

Arkansas County 4-H members participated in 4-H Southeast Regional O-Rama, "Arkansas 4-H Extravaganza - 100 Years in the Making," on June 20 at the University of Arkansas at Pine Bluff. 4-H'ers participating were: Taven C., 4th place - Jr. Consumer Economics; Britton P., 1st place - Jr. Entomology; Erin S., 4th place - Jr. Baitcasting & Fish ID; Greg W., 2nd place - Jr. Bicycle; Tanner C., 1st place - Jr. Ornamental Horticulture; Kailyn F., 3rd place - Jr. Fashion Revue; Addison J., 3rd place - Jr. Gun Safety & BB Shoot; Colbie P., 1st place - Sr. Crop & Seed ID; Daniel R., 1st place - Sr. Pet Care; Stacey B., 2nd place - Sr. Safety; Charli W., 2nd place - Sr. Food Fair; Daniel M., 2nd place - Sr. Gun Safety & BB Shoot.

Arkansas County 4-H members recognized as Southeast District Journal Winners were: Beginner: Taven C., Photography; Intermediate: Charli W., Child Development; Daniel M., Beef; and Daniel R., Pet Care. Arkansas County 4-H received the 2nd place 4-H Promotion Award.

CLOVER CORNER NEWS

Check out the July edition of Clover Corner News, 4-H's national online newsletter, at: www.4hblogs.org/ccn

2008 4-H DAY WITH THE ARKANSAS RAZORBACKS

Join Arkansas 4-H for a day of fun with the Arkansas Razorbacks and celebrate the Arkansas 4-H Centennial on Saturday, August 30: Arkansas Razorbacks vs. Western Illinois. Tailgate picnic before the game on the patio and lawn of the Agriculture, Food and Life Sciences Building. Tickets are \$45 and can be picked up at the State 4-H Office or mailed to you for \$2 shipping (per ticket). Order deadline is August 1. For more information or an order form, contact the county Extension office.

4-H CENTENNIAL BIKE RIDE

Remember to save Saturday, September 27th so you can help the Big Dam Bridge 100 bike ride celebrate 100 years of 4-H in Arkansas! You can participate by signing up as a rider, volunteering at a rest stop, or being a spectator at the finish line. For more information contact the county Extension office.

MISS ARKANSAS COUNTY RICE

Colbie P. was crowned "2008 Miss Arkansas County Rice." Colbie's responsibilities are to promote the cookery and use of rice in the county. If you would like Colbie to come to your club and present a program, please call the Extension office.

1 15-oz. can sliced pineapple	1 Tbsp. olive oil
1 cup uncooked rice	1 ½ cups cooked ham, coarsely chopped
1 bell pepper, sliced or chopped	1 jalapeno pepper, finely chopped
1 small onion, sliced	¾ cup black beans
Lime wedges	Salt and pepper to taste

Cuban Rice

Preparation:

1. Cook rice according to package directions.
2. Heat oil in skillet; drain pineapple slices, reserving juice, and brown on both sides. Divide between 4 plates.
3. Meanwhile add ham, bell pepper, jalapeno and onion to skillet; Sauté for about three minutes stirring occasionally. Add beans, rice and reserved pineapple juice. Heat until the juice has disappeared. Divide among plates. May garnish with lime wedges. Serves 4.

Community Conservation Project

Remember to continue saving aluminum cans and bring them to the Extension office. This has been a great 4-H community conservation project!

4-H CENTENNIAL GALA

Join us for a once-in-a-century event on Saturday, September 27, 2008, at the Peabody Hotel in Little Rock to celebrate Arkansas 4-H, its youth and supporters. This Banquet of the Century is the culmination of the year-long Arkansas 4-H Centennial celebration. The 4-H Centennial Gala is a formal, green-tie and gown affair that will provide much-needed funding for the 4-H program and its scholarships. For more information, visit www.arkids.org/centennial or call the county Extension office.



4-H EVENTS

4-H Shooting Sports: Arkansas County 4-H Shooting Sports members will participate in Range Events 2008 on July 11 & 12 at the C.A. Vines Arkansas 4-H Center in Ferndale

Citizenship...Washington Focus: Colbie P. and Carly Bokker, CEA-Agriculture will participate in Citizenship...Washington Focus in Washington D.C., a leadership program for high school youth from across the country on July 5-12.

Cloverbud Camp: Will P. and his parents Bill and Cindy will participate in Cloverbud Camp at the 4-H Center in Ferndale on July 17-18.

State 4-H O-Rama: The 2008 State 4-H O-Rama will be held in Fayetteville on July 23-25. Senior members participating are Colbie P., Daniel R., Stacey B., and Charli W.

4-H High Adventure: Daniel R. will participate in 4-H High Adventure, a 9-day trip to the Pecos Wilderness in New Mexico on July 29-August 6. The 4-H High Adventure Program is an outdoor leadership program for teens.

Scott Tractor 4-H Scholarship: Jena L. is this year's Scott Tractor Scholarship recipient. This \$1500 scholarship is available to a graduating senior involved in 4-H and attending college. Jena will attend Arkansas State University, Jonesboro.

ATV Essay Contest Winner: Addison J. won first place in the Category B division of the ATV essay contest for this year.



ARKANSAS 4-H OUTLOOK

The Arkansas 4-H Outlook is a way to advise the public about youth and 4-H opportunities. The newsletter is located at: <http://www.kidsarus.org/newsletters/Outlook/default.htm>



Why be a Volunteer Leader?

You are wanted and needed as a 4-H volunteer. As a volunteer leader, you will experience your own personal growth as you help others attain theirs, and you will be rewarded in many ways.

- Volunteers can develop knowledge and skills in the areas of child and youth development, organizational planning, and personal and group management.
- Volunteer leaders can watch the development of 4-H members.
- Volunteer leaders can know they have given help to others and to their own families.
- Volunteer leaders get to meet new people and work with outstanding 4-H members and adults.
- Volunteer leaders can gain personal satisfaction and meet some of their own needs through helping others.
- Volunteer leaders learn new skills from other leaders and from 4-H members.
- Volunteer leaders know that they are contributing to the improvement of their communities.

4-H Volunteer Leaders are entitled to certain tax deductions. Generally, out-of-pocket expenses, such as amounts spent for fees, materials, travel, lodging, awards, etc., and mileage for use of privately owned vehicles are deductible as contributions. The same type of expenses incurred when attending 4-H leadership training is also deductible. Keep an accurate record of your out-of-pocket expenses and consult with a qualified tax person.

Arkansas County 4-H offers its programs to all eligible persons regardless of race, color, national origin, religion, gender, age, or disability.

Sincerely,

Donna Hoskyn
County Extension Agent -
Staff Chair

Ken Adams
County Extension Agent -
Agriculture

Grant Beckwith
County Extension Agent -
Agriculture

Carly Bokker
County Extension Agent -
Agriculture

The Arkansas Cooperative Extension Service offers its programs to all eligible persons regardless of race, color, national origin, religion, gender, age, disability, marital or veteran status, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer.