

# “4-H NOTES & QUOTES”

## Arkansas County 4-H Newsletter

Volume 15, Issue 2

February 13, 2008



### 4-H FACTS

*4-H teaches leadership, citizenship, and skills children will use throughout their lives.*

Jr. 4-H Council Officers  
Britton P., President  
Tanner C., Vice President  
LeeAnn K., Secretary  
Kailyn F., Treasurer  
Erin W. Reporter

Sr. 4-H Council Officers  
Colbie P., President  
Trevor N., Vice President  
Jena L., Secretary  
Daniel M., Treasurer  
Charli W., Reporter

Adult 4-H Council Officers  
Priscilla B., President  
Cindy P., Vice President  
Barbara N., Secretary  
Brandi D., Treasurer  
Charles B., Reporter

### Arkansas County Offices

1009 Liberty Drive  
DeWitt, Arkansas 72042  
(870)946-3231 or 673-2346  
Fax: (870)946-3061  
E-mail: [arkd@uaex.edu](mailto:arkd@uaex.edu)

2807 Highway 165S, Box C  
Stuttgart, Arkansas 72160  
(870)673-6111  
Fax: (870)673-7762  
E-mail: [arks@uarx.edu](mailto:arks@uarx.edu)

### 4-H METHOD DEMONSTRATION

The 4-H Method Demonstration/Illustrated Talk Activity is scheduled for Monday, February 25 at the Farm Bureau Office, 1710 S. Whitehead Drive, DeWitt. Registration will begin at 6:00 p.m. with the competition beginning at 6:30 p.m. Presentations for juniors will be 2–5 minutes in length, and for seniors the time limit is 5–8 minutes.



The following are categories for competition: Agri-business Public Speaking, Animal Science, Citizenship, Consumer Education, Entomology, Environmental Stewardship, Food Fair, Health, Horse, Human Development, Pet Care, Public Speaking, Safety, and Veterinary Science.

Assignments for the activity: M.C. – Colbie Phillips Jr. Competition; Britton Phillips, Sr. Competition; Registration – Tanner Canamore, LeeAnn Keaton, Trevor Nelson, Jena Lockley; Set-Up Refreshments & Clean-Up – All officers.

Refreshments will be provided. Leaders are asked to bring a finger food and the 4-H Council will provide drinks, napkins, etc.

Many of you are already working on your presentation. If you need additional help on the rules or need help in preparing your talk, contact the Extension Office. Remember, “practice makes perfect,” so the more you practice your talk beforehand, the better you will do in the real competition. Please call the Extension Office at 946-3231 or at 673-2346 by Friday, February 23 to pre-register for this activity. We’re looking forward to seeing you at Method Demonstration.

### Visually Speaking . . .

What makes some presentations better than others? Effective communicators know that how you say it is as important as what you say.

Here are some tips that can make your next 4-H talk a success:

- **Dress for success.** Before you utter a single syllable, your audience has already made judgments about you based on your appearance. Therefore, dress appropriately for the situation. Make sure that clothing and accessories are comfortable and fit well. Avoid dangling or noisy accessories that can distract listeners from your message.
- **Good grooming is important.** Make sure that your hair is clean and combed, that you are freshly shaven or that your beard and mustache are neatly trimmed. Apply makeup modestly.

- **Body language is also a powerful non-verbal communicator.** Win your audience over with a warm smile and other pleasant facial expressions.
- **Stand erect**, leaning slightly forward to convey confidence and urgency. Place both feet comfortably on the floor at shoulders' width. Avoid swaying, bouncing and fidgeting.
- **Use gestures** in your speech to add drama and emphasize points, but be careful not to overdo it. Nod affirmatively, and soon your audience will too.
- And most importantly, **make regular eye contact** to draw listeners in and keep them engaged.

Arkansas 4-H Outlook Newsletter, October 2002

## RICE FOR DUCKS

Participants are reminded that narrative reports are due on February 15. Contact the County Extension Office if you have questions.



## LAST CALL... 4-H POULTRY CHAIN

Arkansas County 4-H'ers will have the opportunity to learn more about chickens, how to grow them and business management skills, through the 4-H Poultry Chain program. For more information or to sign up, call the Extension Office by Friday, February 20.

## HONOR CLUB AWARDS

All 4-H Clubs that complete 10 or more of the criteria on their County Club Report and include a written summary of their work are eligible to receive the County "Honor Club" award. Some of the requirements include: a membership of 12 or more members, participation in at least eight regular club meetings, involvement in a community service project, a maintained record of club meetings, and public promotion of the 4-H club program through news stories, etc.

Clubs are reminded to turn in their County Club Report by February 25.

## 4-H PROMOTION REPORT

The 4-H Promotion Report is due in the State Office by March 1. Pictures, articles, stories, or anything that your club did to promote 4-H throughout the year are needed. Please get materials to the office as soon as possible. The 4-H Promotion Committee

will meet on February 21 at 3:30 p.m. at the Extension Office, DeWitt.

## 4-H BANQUET

The 2008 4-H Achievement Banquet will be held on Monday, March 10 at the DeWitt High School Cafeteria with registration beginning at 6:00 p.m. and the banquet to begin at 6:30 p.m. The 4-H Banquet Decorations Committee will meet on Tuesday, February 19 at 3:30 p.m. at the Extension Office.

## WILDLIFE HABITAT EVALUATION PROGRAM (WHEP) PRACTICE

WHEP is a 4-H youth natural resource program dedicated to teaching wildlife and fisheries habitat management to youth in the United States. The next WHEP practice is scheduled for Thursday, February 28 at 3:30 p.m. at the Extension Office in DeWitt.

## 4-H BROILER BARBEQUE WORKSHOP

Youth interested in participating in a 4-H Broiler Barbeque Workshop should call the Extension Office to pre-register by Friday, February 29. The workshop will be scheduled after pre-registration. Workshop participants are not required to compete in the 4-H Broiler Barbeque Contest, however contest participants are encouraged to participate in the workshop. The 2008 County 4-H Broiler Barbeque Contest is tentatively scheduled for April. The contest is open to all 4-H youth. Cadets will receive participation ribbons and should enter only if they can safely operate a charcoal grill. Chicken halves will be provided, and participants will need to bring a grill, charcoal and starter along with other necessary items. All participants will be given an assigned location to set up and cook. Complete rules, a sample score sheet and a list of items that might be helpful are available from the County Extension Office. First time participants are encouraged to participate in the workshop. The top five winners from the Junior and Senior participants will be eligible to compete in the District Contest to be held on April 25 at Batesville. For more information, call the County Extension Office.

## 4-H JOURNALS

Congratulations to fourteen 4-H'ers who completed 4-H Journals! They are: Cadet: Breanna M. - Pet Care, Will P. - Entomology, Samantha R. - Foods & Nutrition; Beginner: Tanner C. - Pet Care, Kailyn F. - Pet Care, Britton P. - Pet Care, Taven C. - Photography; Intermediate, Charli W. - Child Development, Daniel



M. - Beef; Daniel R. - Pet Care; Advanced: Stacey B. - Child Development, Jena L. - Pet Care, Trevor N. - Environmental Stewardship, Colbie P. - Entomology.



### 4-H FASHION REVUE & SHARE THE FUN

Arkansas County 4-H had a tremendous turnout for the Fashion Revue and Share The Fun/Performing Arts Activity held at the DeWitt Schools Administration Office on January 28. Judges for the events were: Sylvia S. and Linda G.

In the Fashion Revue, contestants informally modeled garments and gave a short, informal presentation detailing the cost, use, and how their garment fabrics should be identified. Contestants also gave reasons for their choices regarding garment fabric identification. Sweepstakes winners were: Trevor N., Sr. Fashion Revue, and Kalli S., Jr. Fashion Revue. Others participating were: Taven C., Kailyn F., Breanna M., and Kayla S.

In Share The Fun/Performing Arts, contestants performed vocal and instrumental talent numbers as well as skits and interpretive readings. Sweepstakes winners were: Colbie P., Sr. Instrumental; and Cara H., Jr. Instrumental. Others participating were: Tanner C., Kailyn F., Britton P., Kalli S., Heather P., Haley P., Riley M., and Will P.

### SCOTT TRACTOR COMPANY 4-H SCHOLARSHIP

The Scott Tractor Company awards a local 4-H scholarship each year for a graduating senior. Recipient selection is based on the student's interest and desire to be a part of the 4-H program as well as other community and school activities. Applications are available from the County Extension Office and are due by April 1.

#### Community Conservation Project

Remember to continue saving aluminum cans and bring them to the Extension Office. This has been a great 4-H community conservation project!

### RURAL ELECTRIC YOUTH TOUR TO WASHINGTON D.C.

First Electric Cooperative is pleased to announce that for the 19th year, they will sponsor five area students to participate in the Rural Electric Youth Tour to Washington D.C. This all-expense paid trip will allow over 1,400 youth from across the nation to tour our nation's capital from June 11–19. Winners are determined by an application and a short essay. This year's essay topic is "Discuss the significance and/or impact of renewable energy in the United States." Applications and essays are due April 4. To participate in the contest, the students must be high school juniors and their parents must be members of the First Electric Cooperative. More information is available at [www.firstelectric.coop](http://www.firstelectric.coop).

In addition, First Electric is accepting applications for the 2008 scholarship program. Five \$1,000 scholarships will be awarded to area high school seniors. To apply, seniors must be scheduled to graduate in the spring of 2008 and their parents must be members of First Electric Cooperative. More information is available at [www.firstelectric.coop](http://www.firstelectric.coop).

### POSTER ART CONTEST



The 2008 4-H Poster Art contest is open to all 4-H members for county judging and ages 9–19 for state judging. Posters should be 14 inches x 22 inches in dimension and may be horizontal or vertical. Posters may be any medium art: watercolor, ink, crayon, acrylic, charcoal, oils or collage. They cannot contain any copyrighted material such as cartoon characters and cannot have any three dimensional items on them. The themes for 2008 are as follows: 4-H: Wired for Success and Open theme (create a poster and theme to go with it). Posters should be submitted to the County Extension Office by April 25.

### NATIONAL 4-H PHOTOGRAPHY CONTEST

The National 4-H Council needs winning photos from state and county fairs (2003 – 2008) to create the 2010 4-H Calendar. Thirteen photographs will be selected. These original photographs will be gallery mounted and framed. A brass plate engraved with the title and photographer's name will be attached to the winning photographs. The winning photos will be on display at the National 4-H Conference Center

from September 2008 through November 2008 and will be posted on the web site [www.4-hmall.org](http://www.4-hmall.org). If you have winning photos to enter, contact the Extension Office.

## HAVE YOUR STORY FEATURED IN THE 2010 NATIONAL 4-H CALENDAR

National 4-H Supply Service wants you to tell why 4-H is important to you, and the National 4-H Supply Service may use your story for the 2010 National 4-H Calendar. You could receive a free \$10 gift certificate to use towards a future purchase from the 4-H Source Book just for sending us your submission. Please limit your story to 250 words. Ask yourself who, what, where, why and how questions to make your story come alive with meaningful detail. Twelve stories—one for each month of the year—will be featured in the 2010 National 4-H Calendar. For more information, contact the Extension Office.

**LINDA & PAT PARELLI  
ARE COMING TO LITTLE  
ROCK, AR!!!**



There will be a two-day Parelli 2008 Tour Seminar conducted by Linda and Pat Parelli at the **Arkansas State Fairgrounds Barton Coliseum**, Little Rock, on **March 1–2, 2008**. Day 1 is free, day 2 is for Savvy Club Members only. Linda and Pat Parelli are internationally known for their work with horses, natural horsemanship, and their seminars.

On Day 1 there will be *free admission for all 4-H Members and Leaders* to attend this seminar. Participants must pre-register at the Extension Office by February 25.

### 4-H TRIVIA

*The 4-H'er to call the Extension Office at 946-3231 or 673-2346 by February 20 at 4 p.m. will receive a 4-H prize. Trivia question: "What is the most important thing 4-H has taught you?"*



### 4-H EVENTS

#### Arkansas County 4-H Camp Scholarships Available

The following is a quick reference for upcoming 4-H state camps and events.



For more information, contact the Arkansas County Extension Office.

\*Remember, county scholarships are available for those qualifying whereby the County 4-H Foundation will pay three-fourths of the expenses for one camp per year.

#### Spring Hiking Trek

The Spring Hiking Trek is a great opportunity for any 4-H'er interested in learning about backpacking. The 4-H'er will tent camp at a campground on Friday night, backpack into the camping area on Saturday, and come off the trail Sunday morning. Fifteen applications will be accepted. (County 4-H scholarships are available.) Contact the Extension Office for more information.

- Who: 13–19 year olds
- Where: Mt. Magazine State Park
- Cost: \$50/person
- When: March 7–9, 2008 (arrive 6:00 p.m. Friday, depart around 1:00 p.m. Sunday)
- What: Introduction to backpacking

#### Spring 4-H Parent and Volunteer Forum

The 2008 Spring 4-H Parent and Volunteer Forum - Centennial 4-H Reunion Celebration is scheduled for April 18–19, 2008 at the C. A. Vines Arkansas 4-H Center. Registration is due March 21. The fee for the Friday evening celebration is \$18.95/person. The Forum is sponsored by the Arkansas 4-H Adult Leaders' Association, National 4-H Council, and Monsanto.

##### First Time Forum Participant Scholarships

- 15 First Time Forum Participant Scholarships (\$49) are being made available for parents/volunteers who have never attended the Fall or Spring 4-H Parent and Volunteer Forum. These 15 scholarships will be available on a first come, first served basis beginning Monday, February 25. Scholarships are being provided by Monsanto.
- To be eligible, applicants must:
  1. Contact Lynne Wooten [lwooten@uaex.edu](mailto:lwooten@uaex.edu) by e-mail beginning February 25 (Only e-mails will be accepted to apply).
  2. Applicants must provide in the e-mail their name, address, and phone number
  3. Must be first time Forum participant
- A Scholarship check from the Arkansas 4-H Foundation will be awarded to the 15 recipients after their participation in the Spring Forum. First time participants must send in their own Forum Registration Form to Lynn Wight, Treasurer - Arkansas 4-H Leaders' Association.

The theme for the forum is "Centennial 4-H Reunion Celebration." The theme will allow you to enhance your involvement in 4-H. There will be educational workshops, fun shops, updates from the state office, and networking with other parents and volunteers from across the state. This will be a great opportunity to expand your knowledge and learn new ideas to take back to your local and county clubs. Youth are also invited to participate in the

Spring Forum, as specific youth workshops have been planned. The Forum will begin at 4:00 p.m. on Friday, April 18 and conclude on Saturday, April 19 at 2:00 p.m. (County 4-H scholarships are available.) For more information, call the County Extension Office.

### State 4-H Horse Conference

The 2008 State 4-H Horse Conference is scheduled for March 7–8, at the C. A. Vines Arkansas 4-H Center. Session I will be on Friday, with the Individual Presentation, Team Presentation and Public Speaking Contest. Session II will be on Saturday. The planned workshops will focus on: feeding management with rising feed prices, general horse health, environmentally friendly horseback riding, new resources for horse knowledge, and horsemanship. Weather permitting; there will be live horse demonstrations. Registration fees are: \$45 for the Friday Night Lodging & Conference and \$30 per participant at the Saturday Conference. (County 4-H scholarships are available.) Registration is due in the County Office by February 22.



### PARENTS ROLE IN 4-H PROJECT WORK

Members benefit when parents are involved in 4-H. Parents and volunteers, who take time to learn about and understand 4-H are of greater assistance to their child and the 4-H program. Members need parental encouragement to see project work through to its completion and to keep members focused on what they are learning, not just winning. An adult's role in project work will include:

- Aid in selecting, financing, and managing.
- Guide and support work without doing it for them.
- Encourage follow-through and completion.
- Give praise and encouragement.
- Assist in gathering tools and supplies.
- Encourage record keeping.
- Provide support and transportation.
- Assist organizational, project, and activity leaders.
- Become a project or activity leader.
- Serve on committees to plan and implement club activities or project meetings.
- Become a certified 4-H volunteer.

### 4-H Mission

The mission of 4-H is to provide opportunities for youth to acquire knowledge, develop life skills, form attitudes, and practice behavior that will enable them to become self directing, productive, and contributing members of society.

Check out the county website at <http://www.uaex.edu/arkansas>



A meeting of the Adult, Sr., and Jr. 4-Councils was held at the Extension Office in DeWitt on February 4.



Plans for the 4-H Achievement Banquet were discussed. 4-H Banquet Theme will be: "Arkansas 4-H Centennial." The 4-H Banquet will be held March 10 at DeWitt High School. The 4-H Banquet Decorations Committee will meet Tuesday, February 19.

The 4-H Broiler BBQ was discussed. A 4-H Broiler BBQ Workshop will be planned if members pre-register to participate.

The 4-H Poultry Chain was discussed. Anyone interested in the Poultry Chain should contact Grant Beckwith, CEA – Agriculture.

4-H promotion report is due March 1. 4-H Teen Leaders will assist with the report. A workshop was scheduled for February 21.

Alta Lockley, 4-H Program Assistant, asked those present for ideas to get more interest in the 4-H program. Several ideas were discussed, including a parent/member social activity. An event will be discussed at the next meeting.

Lockley reported that 14 4-H Journals were turned in.

The latest issue of the Arkansas 4-H Centennial newsletter was handed out.

The next meeting is scheduled for Monday, May 5.

### Arkansas County Razorbacks 4-H Club

The Arkansas County Razorbacks 4-H Club met at Phillips Community College, Stuttgart, on February 12 with six members present. Carly Prislovsky, CEA-Ag presented the program on "Robotics."

### **Pride of Gillett 4-H Club**

The Pride of Gillett 4-H Club met at the Gillett Elementary School on January 31. Alta Lockley, 4-H Program Assistant, presented the "Health Rocks!" program "Head vs. Heart" focusing on the powerful influence that emotions have on decision making. Youth explored feelings related to different situations including those involving tobacco, alcohol, and drugs. Leslie J., 4-H Teen Leader, led the club in the 4-H ritual. Pledges were led by: Jacey W. and Jordan M. The next meeting will be held on February 28. Refreshments will be provided by Jacey W.



### **Spirit of '76 4-H Club**

Spirit of '76 held their first meeting of 2008 on January 16 with 24 members in attendance. The business was conducted by the newly elected officers. Erin Simpson and Caitlyn Perry brought two of their 5-week old Cocker Spaniel Puppies to the meeting and told the group how they care for them. Members discussed the 4-H Fashion Revue/Share-the-Fun Activity. They also discussed how to read clothing labels and proper washing techniques of various fabrics. Kailyn F. was presented a 4-H t-shirt by Ms. Alta for calling in the 4-H Notes & Quotes Trivia answer. Members made Valentines for Crestpark Nursing Home. Refreshments were provided by Emily J., Taven & Tanner C. The next meeting will be February 20.

- February 15** *Rice for Ducks Reports Due*
- February 19** *4-H Banquet Decorations Committee*
- February 20** *Spirit of '76 4-H Club Meeting*
- February 20** *4-H Poultry Chain Registration Due*
- February 21** *4-H Promotion Report Committee*
- February 25** *4-H County Club Reports Due*
- February 25** *4-H Method Demonstration*
- February 26** *Teen Leaders 4-H Club Meeting*
- February 28** *WHEP Practice*
- February 28** *Pride of Gillett 4-H Club Meeting*
- February 29** *4-H Broiler BBQ Workshop Pre-Registration Due*
- March 1** *4-H Promotion Report Due*
- March 10** *4-H Banquet*

### **Teen Leaders 4-H Club**

The Arkansas County 4-H Teen Leaders will meet on Wednesday, February 27 at 3:30 p.m. at the Extension Office in DeWitt.

Arkansas County 4-H offers its programs to all eligible persons regardless of race, color, national origin, religion, gender, age, or disability.

Sincerely,

Donna Hoskyn  
County Extension Agent -  
Staff Chair

Ken Adams  
County Extension Agent -  
Agriculture

Grant Beckwith  
County Extension Agent-  
Agriculture

Carly Prislovsky  
County Extension Agent-  
Agriculture